







Psychiatry Department Communication

January 2020

HAPPY NEW YEAR!



We continue to advance the organizational structure of the department. In November, our leaders in the Psychiatry Leadership Council held a retreat in which we established seven major priorities for the Department over the next two years. Thanks to all who provided input to that discussion. As expected, attention to recruitment and retention topped the list. Other priorities included reassessing our financial models, strengthening community partnerships to improve the patient experience, building capacity through fellowship development, identifying areas for strategic academic investment, and coordinating with neuroscientists to enrich our neuroscience curriculum and knowledge. The next step is a follow-up retreat on February 5, 2020, during which we will start to develop a work plan around each of these strategic initiatives. Again, your input and suggestions in advance are greatly appreciated.

We are extremely proud to announce that the surveyors from the Royal College recognized that our Child and Adolescent Psychiatry Residency Training Program be nationally recognized as "Leading Practice and Innovation". This recommendation surrounded work done by Drs. Gregory and Fisman on Resident Wellness, and Tracey Henebry on Program Assessment. Congratulations to Dr. Hall and her team!

Our Geriatric Psychiatry Program similarly received Accreditation with no external review required until the next cycle in eight years. Well done, Geriatrics! This is particularly noteworthy as it is such a new program. Thank you, Dr. Doering, for your strong leadership.

We are also proud of our General Psychiatry Residency Program and the efforts of all the residents, faculty, and Suzy and Bela for their work in preparing for accreditation. The Royal College accreditors are recommending Accreditation with Notice of Intent to Withdraw Accreditation. Drs. Ganjavi, Ross, Montaleone and I held a series of meetings with faculty and residents at all four of our major training sites to discuss the implications. We see this as an opportunity to focus on the program and along with our partners in the Dean's office and hospitals, strengthen it further. With all of us banding together and working collaboratively toward improvement, we are confident that we will be able to turn things around.

In January, we will hold interviews for a future Chair/Chief of Child and Adolescent Psychiatry. Thank you again, Dr. Sukhera, for your leadership as Interim Chair.

- Chandlee Dickey













We are once again in full swing for recruitment. Due to everyone's teaching and mentoring efforts, we are actively recruiting our own trainees. I have enjoyed thoroughly getting to know our soon-to-be graduates and hearing about their interests and aspirations. Hopefully in the months to come we will be able to celebrate news of their joining our departmental family.

Chandlee Dickey

Wine and Cheese

"All hands on deck" recruitment effort!

We are excited to share that the Department is hosting a meet & greet event on Wednesday, January 22, 2020 from 5:15 pm to 7:00 pm for participants of the Chandrana Course. This is an opportunity for them to meet with our residents & faculty and get to know us for all the excellence we bring. This is a wine and cheese event and we invite you to join us as department ambassadors.

Event Location:

Four Points Sheraton

Room: To be confirmed soon

Address: 1150 Wellington Rd, London, ON N6E 1M3

Should you have any questions pertaining to the event, please connect with Khushnum.Khatow@lhsc.on.ca













Dear Colleagues,

I am pleased to announce the 2019/20 Department of Psychiatry research seed funding competition.

As noted in the attached call for submissions, the primary intent of this competition is to support research by trainees (including residents, graduate students, and fellows) and junior faculty members. However, given on-going funding challenges in health research, we remain open to providing research funding support for mid- and senior-level researchers. All members of Western University's Department of Psychiatry are welcome to apply. Applications should clearly present study methodology, whether of a quantitative, qualitative, or mixed-methods approach.

The maximum budgetary amount available to support each project in this competition is \$7,500; smaller funding requests will also be considered.

The deadline for applications is February 19th, 2020.

Please complete your application, noting the attached guidelines set out for this competition. Once completed, please save a copy for your files and submit an electronic copy along with any attachments to Nicole Snake (Nicole.snake@sjhc.london.on.ca).

You will receive an e-mail acknowledging receipt of your application. If you do not receive an acknowledgement of your submission within 2 working days, please contact Nicole Snake, Administrative Assistant for the Department of Psychiatry, at (519) 685-8500 x 47240. You may also feel free to contact me with any questions or concerns.

We look forward to receiving your application!

Sincerely,

Nicole Snake

Administrative Assistant for Dr. Arlene MacDougall,

Visit the Newsletter webpage for the application













FACULTY DEVELOPMENT WORKSHOPS

Please see the Posters below for upcoming faculty development workshops. Schulich Faculty can find updated CPD offerings related to faculty development by visiting this link:

https://www.schulich.uwo.ca/continuingprofessionaldevelopment/teaching and learning resources/schulich faculty_development_upcoming_faculty_development_workshops.html

- New workshops are accepting registration:
 - Small Group Facilitation in Medical Education Contexts, January 23, 4-5:30 pm
 - Engage and Inspire: Practical Tips on Delivering Lectures with Impact, February 4, 4-5:30 pm
 - Academic Coaching Program, February 12, 4-5:30 pm
 - Mentoring a Learner in Difficulty, February 22, 1-4pm
 - Key Feature Questions Development, February 26, 4-5:30 pm
 - Should I Be Promoted? A Workshop for Clinical Academics at the Associate Professor Rank, **March** 11, 4:30-7pm
 - How to Get Promoted: Clinical Academics from Assistant to Associate Professor, April 22, 4:30-7pm

If you have any questions, please contact Megan Baxter, Program Administrator, CPD, at megan.baxter@schulich.uwo.ca or 519.661.2111 x85125.

Visit the Newsletter webpage for Poster PDFs













January 16th

- WinterFest Highland Golf & Country Club 6:30 pm -9:30pm
 - Featuring Dr. Jedrin Ngungu



January 20 - 25th

- 2020 P. Chandarana Psychiatry Review Course
 - Wine & Cheese Recruitment (Jan 22nd, 5:15-7pm @ Four Points)

February 5th

- Psychiatry Leadership Council 2nd Retreat - Ivey Spencer 2:00 pm - 6:00 pm

February 11th

– Department of Psychiatry Quarterly Meeting – Best Western Lamplighter hor d'oeuvres 3:30 pm – 4:00 pm, meeting 4:00 pm – 5:00 pm. Future Quarterly Meetings: Details TBA

April 1st

Dr. David Ross (Yale) & Ashley Walker – Innovative Approaches to Teaching
 8:00 am – 4:30pm Location TBA

April 24th

- Division of Child and Adolescent Psychiatry Annual Conference

May 7th

Department Quarterly Meeting3-4pm VH C3 301 A/B

Aug 20th

Department Quarterly Meeting3-4pm PW F4 201/202













CANADIAN ASSOCIATION FOR MEDICAL EDUCATION (CAME) ANNOUNCES RECIPIENTS OF THE 2020 CAME CERTIFICATE OF MERIT AWARD

CAME is pleased to announce this year's recipients of the 2020 CAME Certificate of Merit which promotes, recognizes and rewards faculty committed to medical education in Canadian medical schools.

These deserving colleagues will be recognized at the upcoming CAME Annual General Meeting which is held in conjunction with the Canadian Conference on Medical Education (CCME) in Vancouver.

Please join us in congratulating these individuals for their commitment to medical education in Canada.

Western University

Dr. Teresa Van Deven Dr. Daniel Grushka Dr. Sandra Northcott





Congratulations to Dr. Paris Lai

for winning entry into the prestigious American Association of Geriatric Psychiatry Scholars program

- Dr. Pai works closely with Dr. Amer Burhan. Dr. Pai was a co-author on an important paper investigating the relationship between late life depression, executive functioning, and gait. Please join us in congratulating Dr. Pai.











cknowledgements & Celebrations continued

Dear colleagues,

LHSC is fortunate to have an exceptional Mental Health Care team who are dedicated to ensuring safe and professional care for our patients. I am pleased to share the following letter acknowledging the teamwork, collaboration and compassion demonstrated by members of this team in a particularly challenging situation. I would like to extend my thanks to Sean Li, Tyler Pettes, Sophia Moralis and John Loggie for working together to ensure patients received the quality care they required on this very busy evening.

I would like to express how proud I am of the Psychiatry team in general, and of the on-call team in particular, following a recent busy night. This included Sean Li, Tyler Pettes, and medical students Sophia and John. It was an incredibly busy night with over 14 new consults, plus several follow-ups who had not been seen that day.

I recognize that mental health seems to be in a constant state of crisis these days, with so many people in need of care and so little resources available. The pressures on the entire department are tremendous, and when you are on call overnight, you often feel as though all of it lies on your shoulders. Despite an incredibly busy night, my team worked diligently, efficiently, thoroughly, compassionately, and professionally. They handled themselves with grace under pressure. I would appreciate the opportunity to express to the entire hospital community that when it takes a while for Psychiatry to come see a patient, it is always because we are working hard on the patient before them. We are comforting the trauma survivor, we are trying to instill hope in a suicidal patient, we are reassuring family members that we will keep their loved ones safe, we are tracking down prescription lists to ensure we treat patients correctly, we are managing complications with our admitted patients on the floor, we are doing a risk assessment on a child, and the list goes on and on.

I am always impressed by my colleagues, but on that particular night, I felt particularly proud of my on-call team, so I wanted to express my thanks to them. Your patients are so fortunate to have you on their side.

Sincerely,

A proud senior resident

Thank you for <u>celebrating our values</u>. I encourage you to share your story of how you and your colleagues demonstrate our <u>values</u> of compassion, teamwork, curiosity and accountability through your work at LHSC. Please e-mail ContactCEO @lhsc.on.ca.

Dr. Paul Woods President and CEO