

**Department of Physiology and Pharmacology
Physiology 1021-Introduction to Human Physiology**

Course Syllabus for Fall 2024/Winter 2025



Western University is committed to a **thriving campus**; therefore, your health and wellness matter to us! The following link provides information about the resources available on and off campus to support students: <https://www.uwo.ca/health/> Your course coordinator can also **guide you** to resources and/or services should you need them.

1. Technical Requirements:



Stable internet connection



Laptop or computer

2. Important Dates:



Classes Begin	Reading Week	Classes End	Study day(s)	Exam Period
September 5	October 12–20	December 6	December 7–8	December 9–22

September 30, 2024, is National Day for Truth and Reconciliation and is a non-instructional day
December 2, 2024: Last day to withdraw from a full course without academic penalty

Classes Resume	Reading Week	Classes End	Study day(s)	Exam Period
January 6	February 15–23	April 4	April 5–6	April 7–30

3. Contact Information

Course Coordinator	Contact Information
Dr. Angela Beye	abeye2@uwo.ca

Instructors	Contact Information
Dr. Christine Bell	christine.bell@uwo.ca
Dr. Oana Birceanu	obircean@uwo.ca
Dr. Kevin Johnston	kjohnst9@uwo.ca
Dr. Shelby Oke	soke2@uwo.ca
Dr. Anita Woods	anita.woods@uwo.ca

4. Course Description and Design

Delivery Mode: in-person

An introductory course outlining the principles of human/mammalian physiology along with a general survey of various physiological systems (e.g., cardiovascular, renal, neural, motor, gastrointestinal, endocrine, respiratory, etc.). Limited to students enrolled in first year Kinesiology and first year Bachelor of Science (Foods and Nutrition). 2 lecture hours, 1 tutorial hour.

Prerequisite(s): Grade 12U Biology or equivalent. Grade 12U Chemistry recommended.

Antirequisite(s): Physiology 1020, 2130, 3120, Physiology/Pharmacology 2000

Physiology 1021 is designed to help you learn the basic facts, concepts, and principles that are essential to your understanding of the function of the human body, so that you will be able to use that knowledge to solve physiological problems. Because many of you who are enrolled in this course intend to pursue careers related to health, the course will place some emphasis on clinical scenarios and disease (pathophysiology).

Timetabled Sessions

Component	Date(s)	Time
Lectures	Tuesdays & Thursdays	9:30-10:20 AM
Tutorial	Tuesday, Wednesday, or Thursday	Depends on tutorial section enrolled in

- Asynchronous pre-work, such as pre-lecture videos, must be completed prior to lectures.
- A PowerPoint recording of a lecture will be provided for two weeks following the lecture in case of absence. We will do our best to record class lectures but cannot guarantee every lecture will be posted should technical difficulties arise.
- Automated closed captioning (unedited) will be provided on video recordings

All course material will be posted to OWL: <https://westernu.brightspace.com/d2l/login>. Any changes will be indicated on the OWL site and discussed with the class.

If students need assistance, they can seek support on the [OWL Brightspace Help](#). Alternatively, they can contact the [Western Technology Services Helpdesk](#). They can be contacted by phone at 519-661-3800 or ext. 83800.

Current versions of all popular browsers (e.g., Safari, Chrome, Edge, Firefox) are supported with OWL Brightspace; what is most important is that you update your browser frequently to ensure it is current. All JavaScript and cookies should be enabled.

5. Learning Outcomes

Upon successful completion of this course, students will be able to:

- Describe the functions of the nervous, sensory, endocrine, muscular, cardiovascular, renal, respiratory, gastrointestinal, and reproductive systems of the human body at the organ and cellular level
- Predict how these organs and organ systems will respond to a problem or pathology/disease to maintain homeostasis
- Integrate information from lectures to identify how organs and organ systems work together to maintain health and homeostasis

There are a few general objectives that you should always keep in mind as you study. You will be expected to be able to recall or recognize facts, concepts, or physiological principles. The ability to recall, however, is not so useful unless you can do something with the information that you have learned. Therefore, you should also be able to use your knowledge to explain physiological function.

Most important, of course, is your ability to use your knowledge to predict the consequences of alterations to normal physiological function or to predict changes in physiological systems. Not only are these latter objectives the most useful skills you can learn, but they are also the most interesting. Therefore, the type of effort you put into learning the course material will affect how well you do at applying what you have learned. We will be teaching you about different study methods to achieve the goal of long-term retention and a deep understanding of the course material, instead of just trying to memorize for the short-term.

6. Course Content and Schedule

Fall Schedule

Week	Dates	Topic	Instructor
1	Sept 5–8	Essentials 1	Dr. Beye
2	Sept 9–15	Essentials 2 & 3	Dr. Beye
3	Sept 16–22	Essentials 4 & 5	Dr. Beye
4	Sept 23–29	Essentials 6 Endocrine Phys 1	Dr. Beye Dr. Bell
5	Sept 30–Oct 6	Endocrine Phys 2 & 3	Dr. Bell
6	Oct 7–13	Endocrine Phys 4 Sensory Phys 1	Dr. Bell Dr. Johnston
7	Oct 14–20	Reading Week (starts October 12th)	
8	Oct 21–Oct 27	Sensory Phys 2 & 3	Dr. Johnston
9	Oct 28–Nov 3	Sensory Phys 4 & Motor Control	Dr. Johnston
10	Nov 4–10	Skeletal Muscle Phys 1 & 2	Dr. Birceanu
11	Nov 11–17	Smooth Muscle Phys Autonomic Nervous System	Dr. Birceanu
12	Nov 18–24	Cardiovascular Phys 1 & 2	Dr. Beye
13	Nov 25–Dec 1	Cardiovascular Phys 3 & 4	Dr. Beye
14	Dec 2–6	Cardiovascular Phys 5 & 6	Dr. Beye

Winter Schedule

Week	Dates	Topic	Instructor
15	Jan 6–12	Renal Phys 1 & 2	Dr. Woods
16	Jan 13–19	Renal Phys 3 & 4	Dr. Woods
17	Jan 20–26	Renal Phys 5 & 6	Dr. Woods
18	Jan 27–Feb 2	Integrative Phys 1 Respiratory Phys 1	Dr. Woods Dr. Beye
19	Feb 3–9	Respiratory Phys 2 & 3	Dr. Beye
20	Feb 10–16	Respiratory Phys 4 & 5	Dr. Beye
21	Feb 17–23	Reading Week (starts February 15th)	
22	Feb 24–Mar 2	Integrative Phys 2 Gastrointestinal Phys 1	Dr. Beye Dr. Oke
23	Mar 3–9	Gastrointestinal Phys 2 & 3	Dr. Oke
24	Mar 10–16	Gastrointestinal Phys 4 & 5	Dr. Oke
25	Mar 17–23	Gastrointestinal Phys 6 Reproductive Phys 1	Dr. Oke Dr. Bell
26	Mar 24–30	Reproductive Phys 2 & 3	Dr. Bell
27	Mar 31–Apr 4	Reproductive Phys 4 & 5	Dr. Bell

7. Participation and Engagement

I know first year can feel intimidating, but we've built in opportunities for you to get to know other students in the course, your teaching assistant, as well as your instructors. All of these resources will be helpful to keep you motivated and feeling supported.

- Students are expected to participate and engage with lecture content as much as possible
- Students should participate during tutorial sessions in group activities with their small group and feel comfortable asking or answering questions posed by their teaching assistant
- Students can also participate by interacting in the discussion forums with their peers, teaching assistant, and instructors
- Students can also participate by attending weekly office hours with Dr. Beye and other instructors

8. Assessment and Evaluation

Below is the evaluation breakdown for the course. Any deviations will be communicated.

Assessment	Format	Weighting	Due Date	Flexibility
PeerWise Assignment #1	Part 1: Author 2 original multiple choice questions (4 answer choices) on content from Essentials and Endocrine lectures; Part 2: Answer 5 questions in PeerWise	1%	Part 1 & 2: Tues, Oct 8 by 11:59 PM	None applied due to length of time available to complete
Online Quiz #1	Multiple choice quiz in Brightspace. Questions taken from PeerWise Assignment 1.	2%	Open Mon, Oct 21 at 4 PM until Tues, Oct 22 by 11:59 PM	Flexibility: Reweigh missed quiz (2%) to next exam
Midterm #1	In-person multiple choice test. Covers Essentials lecture 1 to end of Sensory lecture 2.	16%	Friday, Oct 25, 6-7 PM	Not applicable
PeerWise Assignment #2	Part 1: Author 2 original multiple choice questions (4 answer choices) on content from Sensory, Motor Control, Muscle, ANS, and Cardiovascular; Part 2: Answer 5 questions in PeerWise	1%	Part 1 & 2: Tues, Nov 26 by 11:59 PM	None applied due to length of time available to complete
Online Quiz #2	Multiple choice quiz in Brightspace. Questions taken from PeerWise Assignment 2.	2%	Open Mon, Dec 2 at 4 PM until Tues, Dec 3 at 11:59 PM	Flexibility: Reweigh missed quiz (2%) to next exam
Midterm #2	In-person multiple choice test. Covers Sensory lecture 3 to end of Cardiovascular lecture 6.	16%	December exam period	Not applicable

PeerWise Assignment #3	Part 1: Author 2 original multiple choice questions (4 answer choices) on content from Renal, Integrative Phys 1, and Respiratory lectures; Part 2: Answer 5 questions in PeerWise.	1%	Part 1 & 2: Tues, Feb 11 at 11:59 PM	None applied due to length of time available to complete
Online Quiz #3	Multiple choice quiz in Brightspace. Questions taken from PeerWise Assignment 3.	2%	Open Mon, Feb 24 at 4 PM until Tues, Feb 25 at 11:59 PM	Flexibility: Reweigh missed quiz (2%) to next exam
Midterm #3	In-person multiple choice test. Covers Renal to end of Integrative Phys lecture 2.	16%	Friday, Feb 28 6-7 PM	Not applicable
PeerWise Assignment #4	Part 1: Author 2 original multiple choice questions (4 answer choices) on content from Gastrointestinal and Reproductive lectures; Part 2: Answer 5 questions in PeerWise.	1%	Part 1 & 2: Tues, Mar 25 at 11:59 PM	None applied due to length of time available to complete
Online Quiz #4	Multiple choice quiz in Brightspace. Questions taken from PeerWise Assignment 4.	2%	Open Mon, Mar 31 at 4 PM until Tues, Apr 1 at 11:59 PM	Flexibility: Reweigh missed quiz (2%) to next exam
Final Exam	In-person multiple choice exam. Cumulative covering the entire year; greatest emphasis on material not tested yet.	30%	April exam period	Not applicable
Weekly Concept Checkpoint completion	Online in Brightspace. Answer the concept checkpoint for each week. No grade penalty if answered incorrectly, marked only on completion.	5%	Weekly	Flexibility: Drop lowest 5
Tutorial Attendance		5%	Weekly	Flexibility: allow 5 missed tutorials without penalty over the full year, otherwise, reweigh this 5% onto the exams in the course

Alternative Grading:

At the end of the course, the lowest exam grade will be automatically reweighed by reducing that exam by 6% and applying that equally to the other exams written in the course. For example, if midterm 1 is your lowest grade, it will be worth 10%, making the other two midterms worth 18%, and the final exam worth 32%.

Designated Assessment: Instructors are permitted to designate one assessment per course per term as requiring supporting documentation to receive academic consideration. See below for information on the academic consideration policy and missed coursework. **For this course, the following assessment has been designated as requiring supporting documentation:**

Semester 1: Midterm #1; Semester 2: Midterm #3

Information about flexibility in assessment

- Flexibility in assessment has been applied to this course; therefore, academic consideration requests may be denied on the assessments where flexibility is included, such as tutorial attendance and concept checkpoints (see information on missed assessments below)

General information about assessments

For PeerWise assignments, **please see the PeerWise page on Brightspace for detailed instructions.** Both Part 1 and Part 2 must be completed by the deadline, otherwise a mark of zero will be applied.

- All PeerWise assignments, concept checkpoints, and quizzes are due at **11:59 PM EST**.
- PeerWise assignments will be completed on <https://peerwise.cs.auckland.ac.nz>
- PeerWise assignments will be reviewed by Dr. Beye for originality checks to ensure questions were authored by each student and not shared or taken from internet resources or previous exams. If not an original question, a grade of zero will be given on that assignment. Please see additional instructions for PeerWise assignments on the PeerWise tab on Brightspace.
- Concept checkpoints are due on the Monday the week after it was released. See Frequently Asked Questions (FAQ) page on Brightspace for details.
- After any grade is posted, students should wait 24 hours to reflect before contacting Dr. Beye; to ensure a timely response, please reach out within 7 days.
- Any grade appeals on assignments, quizzes, or midterms **must be received** within 3 weeks of the grade being posted.
- 15% of your course grade will be evaluated and returned 3 days prior to the drop deadline (statement in policies below).

Click [here](#) for a detailed and comprehensive set of policies and regulations concerning examinations and grading. The table below outlines the University-wide grade descriptors.

A+	90-100	One could scarcely expect better from a student at this level
A	80-89	Superior work which is clearly above average
B	70-79	Good work, meeting all requirements, and eminently satisfactory
C	60-69	Competent work, meeting requirements
D	50-59	Fair work, minimally acceptable
F	below 50	Fail

Information about late or missed assessments:

- There are **no extensions for PeerWise** assignments offered due to several weeks of time given to complete them. Please do these early since you never know what circumstances, such as illness, may arise on the day it is due. If the assignment is not completed, a grade of zero will be given, unless academic consideration is approved. In the case of academic consideration, a missed PeerWise assignment will be reweighed to the other PeerWise assignments in the course.

- ✓ Students are **permitted to miss 5 weekly checkpoints** without penalty. **At least 50% of the checkpoints must be completed**, otherwise a grade of zero will be assigned for this component. No further academic consideration will be considered due to flexibility.
- ✓ There are no makeup **quizzes**. Instead, the weight of that quiz (2%) will be transferred onto the next exam that the student writes in the course. For example, if quiz 2 is missed, midterm 2 will be worth 18% rather than 16%.
- ✓ Students are **permitted to miss 5 tutorials** without penalty. If more than 5 tutorials are missed, the 5% assigned to this component will be equally distributed to the 4 exams in the course. There will be no academic consideration for additional missed tutorials beyond the 5 permitted.
- ✓ A **make-up exam** will be offered to students who have received academic accommodations for approved absences, as follows:
 - Tentative date: Thursday, Oct 31 (time TBA): Makeup Midterm 1
 - Tentative date: Scheduled by department in early January: Makeup Midterm 2
 - Tentative date: Thursday, Mar 6 (time TBA): Makeup Midterm 3
 The makeup final exam will be scheduled by the department in May 2025. *All of these dates are tentative and subject to change based on scheduling and room availability.*
- ✓ **Only one makeup is offered for each exam.** If a student's documentation covers an absence for both the regular exam and makeup exam, the weight of that exam will be added to the final exam in the course.
- ✓ Any exams or makeup exams that are missed without documentation approved by academic advising will receive a grade of 0 on that evaluation.
- ✓ **At least TWO midterms must be written to be permitted to write the final exam in the course.** If two midterms are missed, an INC will be submitted and the missed midterms and final exam will be written the next time the course is offered in 2025-2026.

INC (Incomplete Standing): If a student has been approved by the Academic Advising Office (in consultation with the instructor/department) to complete term work at a later date, an INC will be assigned. Students with INC will have their course load in subsequent terms reduced to allow them to complete outstanding course work. Students may request permission from Academic Advising to carry a full course load for the term the incomplete course work is scheduled.

SPC (Special examination): If a student has been approved by the Academic Advising Office to write a Special Examination and the final exam is the only outstanding course component, an SPC will be assigned. If the class has a makeup exam, the student is expected to write the makeup exam. If the class doesn't have a makeup exam or the student misses the makeup exam for reasons approved by the Academic Advising Office, the student will write the exam the next time the course is offered. Outstanding SPCs will reduce the course load for the term the exam is deferred as outlined in [Types of Examinations](#) policy.

9. Communication

- ✓ Students should check the OWL Brightspace site every 24–48 hours.
- ✓ A weekly update will be provided through Brightspace announcements.
- ✓ Students should email Dr. Beye (abeye2@uwo.ca) with questions about the course structure or assignments, but an attempt to locate that information on the syllabus or Brightspace should be made first.
- ✓ Emails sent to Dr. Beye will be monitored during regular business hours; students will receive a response within 24 – 72 hours.
- ✓ Students should post all lecture content questions on Brightspace discussions so that everyone can access the questions and responses. These are monitored Monday – Friday by the instructors and/or teaching assistants.

10. Office Hours

- Dr. Beye's **office hours** will be held remotely using Zoom. Dates and times will be posted on Brightspace. Students will be able to sign up for an individual appointment with Dr. Beye (10 min appts). Information on how to sign up will be shared in class and through announcements.
- Office hours scheduling for other instructors will be posted on Brightspace.

11. Resources

- Required workbook from UWO Bookstore: Physiology 1021: Introduction to Human Physiology Custom Workbook for 2024-2025. You should bring this workbook to class. The cost is \$65.00.
https://bookstore.uwo.ca/textbook-search?campus=UWO&term=W2024&courses%5B0%5D=001_UW/PHL1021

12. Professionalism & Privacy

Western students are expected to follow the [Student Code of Conduct](#). Additionally, the following expectations and professional conduct apply to this course:

- All course materials created by the instructors are copyrighted and cannot be sold/shared (e.g., Must Knows Facebook group, Course Hero, Chegg, etc.)
- Recordings are not permitted (audio or video) without explicit permission
- Permitted recordings are not to be distributed
- Students will be expected to take an academic integrity pledge before some assessments

Western is committed to providing a learning and working environment that is free of harassment and discrimination. All **students**, staff, and faculty have a role in this commitment and have a responsibility to ensure and promote a safe and respectful learning and working environment. Relevant policies include Western's [Non-Discrimination/Harassment Policy](#) (M.A.P.P. 1.35) and [Non-Discrimination/Harassment Policy – Administrative Procedures](#) (M.A.P.P. 1.35). Any **student**, staff, or faculty member who experiences or witnesses' behaviour that may be harassment or discrimination **must report the behaviour** to the Western's [Human Rights Office](#). Harassment and discrimination can be human rights-based, which is also known as EDI-based, (sexism, racism, transphobia, homophobia, islamophobia, xenophobia, antisemitism, and ableism) or non-human rights-based (personal harassment or workplace harassment).

13. How to Be Successful in this Class

Students in this class should understand the level of independence and self-discipline required to be successful.

1. **Invest in a day planner or app** to keep track of your courses and assignment deadlines. Populate all of your deadlines at the start of the term and schedule time at the start of each week to get organized and manage your time.
2. Make it a **daily habit to log into OWL Brightspace** to ensure you have seen everything posted.
3. **Follow checklists** created on OWL Brightspace or create your own to help you stay on track.
4. **Take notes** as you go through the material. Keeping handwritten notes will help you learn more effectively than just reading or listening in lecture. *Note: typed notes work too, but the literature suggests handwritten notes are a more effective learning strategy.*
5. **Connect with others.** Try forming a study group and meet on a weekly basis for studying and peer support. Tutorials are also a great place to get to know your peers, learn good study habits, and form supportive networks that might last for years.
6. **Do not be afraid to ask questions.** We welcome questions in class. Or if you are struggling with a topic, check the online discussions on OWL Brightspace and post your questions there. You will be anonymous to your peers. Feel free to answer other questions posted in the discussions too! Your teaching assistant will also answer questions in tutorial sessions.

7. **Make connections between lectures.** You should build in study time every week for this course. Try making flow charts, diagrams, comparisons, and big picture summaries.
8. **Reward yourself** for successes. It seems easier to motivate ourselves knowing that there is something waiting for us at the end of the task.

Try to **keep a weekly routine**. Consistent wake-up times, regular exercise, and building in some enjoyable activities will help break up your week to balance academics and your own personal health and well-being.

14. Western Academic Policies and Statements

A. Absence from Course Commitments

Students must familiarize themselves with the Policy on [Academic Consideration – Undergraduate Students in First Entry Programs](#)

Students missing coursework for medical, compassionate, or extenuating circumstances can request academic consideration by completing a request at the [central academic consideration portal](#). Students are permitted one academic consideration request per course per term **without** supporting documentation. Note that supporting documentation is **always** required for academic consideration requests for examinations scheduled by the office of the registrar (e.g., December and April exams) and for practical laboratory and performance tests (typically scheduled during the last week of the term).

Students should also note that the instructor may **designate** one assessment per course per term that requires supporting documentation. This designated assessment is described elsewhere in this document. Academic consideration requests may be denied when flexibility in assessment has already been included. Examples of flexibility in assessment include when there are assessments not required for calculation of the final grade (e.g. 8 out of 10 quizzes) or there is flexibility in the submission timeframe (e.g. 72 hour no late penalty period).

Please note that any academic considerations granted in this course will be determined by the instructor of this course, in consultation with the academic advisors in your Faculty of Registration, in accordance with information presented in this course syllabus. Supporting documentation for academic considerations for absences due to illness should use the [Student Medical Certificate](#) or, where that is not possible, equivalent documentation by a health care practitioner.

Accommodation for Religious Holidays

Students should review the policy for [Accommodation for Religious Holidays](#). Where a student will be unable to write examinations and term tests due to a conflicting religious holiday, they should inform their instructors as soon as possible but not later than two weeks prior to writing the examination/term test. In the case of conflict with a midterm test, students should inform their instructor as soon as possible but not later than one week prior to the midterm.

Special Examinations

A Special Examination is any examination other than the regular examination, and it may be offered only with the permission of the Dean of the Faculty in which the student is registered, in consultation with the instructor and Department Chair. Permission to write a Special Examination may be given on the basis of compassionate or medical grounds with appropriate supporting documents. To provide an opportunity for students to recover from the circumstances resulting in a Special Examination, the University has implemented Special Examinations dates. These dates as well as other important information about examinations and academic standing can be found [here](#).

B. Academic Offenses

Scholastic offences are taken seriously, and students are directed [here](#) to read the appropriate policy, specifically, the definition of what constitutes a Scholastic Offence.

Computer-marked multiple-choice tests and/or exams may be subject to submission for similarity review by software that will check for unusual coincidences in answer patterns that may indicate cheating.

C. Accessibility Statement

Please contact the course instructor if you require material in an alternate format or if you require any other arrangements to make this course more accessible to you. You may also wish to contact Accessible Education (AE) at 661-2111 x 82147 for any specific question regarding an accommodation or review [The policy on Accommodation for Students with Disabilities](#)

D. Correspondence Statement

The centrally administered **e-mail account** provided to students will be considered the individual's official university e-mail address. It is the responsibility of the account holder to ensure that e-mail received from the University at his/her official university address is attended to in a timely manner. You can read about the privacy and security of the UWO email accounts [here](#).

E. Discovery Credit Statement

Students are permitted to designate up to 1.0 Discovery Credit course (or equivalent) for pass/fail grading that can be counted toward the overall course credits required for their degree program. The details of this policy and the deadlines can be found [here](#). *Note: first-year students are not eligible*

F. 15% Rule

According to the [Evaluation of Academic Performance](#) policy, at least three days prior to the deadline for withdrawal from a 1000- or 2000-level course without academic penalty, students will receive assessment of work accounting for at least 15% of their final grade. Generally, students can expect some form of feedback on their performance in a course before the drop date. In rare instances, at the Dean's discretion, an exemption can be issued, which also must be noted in the course syllabus. Deans should review exemptions on a course-by-course basis each time an exempted course is offered.

15. BMSUE Academic Policies and Statements

Cell Phone and Electronic Device Policy (for in-person tests and exams)

The Schulich School of Medicine & Dentistry is committed to ensuring that testing and evaluation are undertaken fairly across all our departments and programs. For all tests and exams, it is the policy of the School that any electronic devices, e.g., cell phones, tablets, cameras, smart glasses, smart watch or iPod are strictly prohibited. These devices **MUST** be left either at home or with the student's bag/jacket at the front of the room and **MUST NOT** be at the test/exam desk or in the individual's pocket. Any student found with one of these prohibited devices will receive a grade of zero on the test or exam. Non-programmable calculators are only allowed when indicated by the instructor. The program is not responsible for stolen/lost or broken devices.

Copyright and Audio/Video Recording Statement

Course material produced by faculty is copyrighted and to reproduce this material for any purposes other than your own educational use contravenes Canadian Copyright Laws. You must always ask permission to record another individual and you should never share or distribute recordings.

Rounding of Marks Statement

Across the Basic Medical Sciences Undergraduate Education programs, we strive to maintain high standards that reflect the effort that both students and faculty put into the teaching and learning experience during this course. All students will be treated equally and evaluated based only on their actual achievement. **Final grades** on this course, irrespective of the number of decimal places used in marking individual assignments and tests, will be calculated to one decimal place and rounded to the nearest integer, e.g., 74.45 becomes 74, and 74.50 becomes 75. Marks WILL NOT be bumped to the next grade or GPA, e.g., a 79 will NOT be bumped up to an 80, an 84 WILL NOT be bumped up to an 85, etc. The mark attained is the mark you achieved, and the mark assigned; requests for mark “bumping” will be denied.

16. Support Services

- Students who are in emotional/mental distress should refer to Mental Health @Western Health <https://www.uwo.ca/health/> for a complete list of options about how to obtain help.
- To connect with a case manager or set up an appointment, please contact support@uwo.ca.
- Other important links:
 - [Academic Advising \(Kinesiology\)](#)
 - [Academic Advising \(Brescia School of Food and Nutritional Sciences\)](#)
 - [Academic Advising \(Faculty of Science\)](#)
 - [Appeal Procedures](#)
 - [Registrarial Services](#)
 - [Student Development Services](#)
 - [Student Health Services](#)
- Many other supports both on and off campus are also provided on our course site under the course information iCare resources.

Statement on Gender-Based and Sexual Violence

Western is committed to reducing incidents of gender-based and sexual violence and providing compassionate support to anyone who has gone through these traumatic events. If you have experienced sexual or gender-based violence (either recently or in the past), you will find information about support services for survivors, including emergency contacts at:

https://www.uwo.ca/health/student_support/survivor_support/get-help.html.