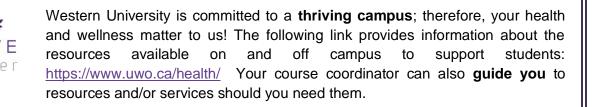




# The Department of Physiology and Pharmacology Neurobiology of Aging – PhysPharm 4750A

Course Syllabus for Fall 2024



# 1. Technical Requirements:



toge

Stable internet connection



Laptop or computer



Working microphone



Working webcam

## 2. Important Dates:

| Classes<br>Begin | Reading Week  | Classes<br>End | <b>y y</b> ( <b>y</b> ) | Exam Period   |
|------------------|---------------|----------------|-------------------------|---------------|
| September 5      | October 12–20 | December 6     | December 7–8            | December 9–22 |

September 30, 2024, is National Day for Truth and Reconciliation and is a noninstructional day

December 2, 2024: Last day to withdraw from a first-term half course without academic penalty

## 3. Contact Information

| Course Coordinator & Instructor | Contact Information |
|---------------------------------|---------------------|
| Taylor W. Schmitz               | tschmitz@uwo.ca     |

## 4. Course Description and Design

#### Delivery Mode: in-person

The neurobiology of aging is a rapidly growing field of research spanning the physiological mechanisms of brain resilience to aging and age-related neurodegenerative diseases, as well as clinical-pharmacological research aimed at slowing or preventing brain aging and neurodegenerative disease.

In this course, students will investigate the neurobiology of aging. Topics include causes of brain aging; comparing pathological versus normal brain aging; reviewing current models of origins and progression of diseases like Alzheimer's and Parkinson's; examining translational work in non-human models; and discuss the future of biomarkers and treatments for age related diseases.

**Prerequisite(s):** Either Physiology 3120 or Pharmacology 3620, and one of Physiology 3140A or Biology 3316A/B OR Neuroscience 2000 and Physiology 3140A and registration in Year 4 of an Honours Specialization in Neuroscience.

Unless you have either the requisites for this course or written special permission from your Dean to enroll in it, you may be removed from this course and it will be deleted from your record. This decision may not be appealed. You will receive no adjustment to your fees in the event that you are dropped from a course for failing to have the necessary prerequisites.

#### Timetabled Sessions

| Component             | Date(s)   | Time              |
|-----------------------|-----------|-------------------|
| Lectures and Seminars | Thursdays | 9:30 AM -11:20 AM |

- $\square$  Attendance at sessions is expected
- Missed work should be completed within 24 hours

All course material will be posted to OWL: <u>https://westernu.brightspace.com/d2l/login</u>. Any changes will be indicated on the OWL site and discussed with the class.

If students need assistance, they can seek support on the <u>OWL Brightspace Help</u>. Alternatively, they can contact the <u>Western Technology Services Helpdesk</u>. They can be contacted by phone at 519-661-3800 or ext. 83800.

Current versions of all popular browsers (e.g., Safari, Chrome, Edge, Firefox) are supported with OWL Brightspace; what is most important is that you update your browser frequently to ensure it is current. All JavaScript and cookies should be enabled.

## 5. Learning Outcomes

Upon successful completion of this course, students will be able to:

- Understand and explain:
  - Current theories on the neurobiological basis of Alzheimer's and Parkinson's disease
  - Cross-species translational strategies for studying age-related neurological diseases

- Principles of biomarker development and evaluation
- Current and next generation treatment options for age-related neurological diseases
- Critically evaluate scientific data from primary research papers
- Give an oral scientific presentation
- Develop, debate and field scientific questions

#### 6. Course Content and Schedule

| Week | Dates   | Торіс  | Instructor |
|------|---------|--|------------|
| 1    | Sept 5  | Neurobiology of aging: Introduction and mechanisms                               | TW Schmitz |
| 2    | Sept 12 | Brain resilience and vulnerability to<br>aging                                   | TW Schmitz |
| 3    | Sept 19 | Seminar (paper presentations, debate)  | TW Schmitz |
| 4    | Sept 26 | Alzheimer's and Parkinson's disease  | TW Schmitz |
| 5    | Oct 3   | Seminar (paper presentations, debate)  | TW Schmitz |
| 6    | Oct 10  | Midterm exam (in class)  | TW Schmitz |
| 7    | Oct 17  | Reading Week   | N/A        |
| 8    | Oct 24  | Models of age-related neurological disease                                       | TW Schmitz |
| 9    | Oct 31  | Seminar (paper presentations, debate)  | TW Schmitz |
| 10   | Nov 7   | Biomarkers for age-related TW Schmitz<br>neurological disease                    |            |
| 11   | Nov 14  | Seminar (paper presentations, TW Schmitz debate)                                 |            |
| 12   | Nov 21  | Treatment strategies for age-related TW Schmitz<br>neurological disease: Part I  |            |
| 13   | Nov 28  | Seminar (paper presentations, debate)  | TW Schmitz |
| 14   | Dec 5   | Treatment strategies for age-related TW Schmitz<br>neurological disease: Part II |            |

## 7. Participation and Engagement

- $\square$  Students are expected to participate and engage with content as much as possible
- Students can participate during in-person sessions or post on OWL discussion forums after watching the recording
- Students can also participate by interacting in the discussion forums with their peers and instructors

# 8. Assessment and Evaluation

Below is the evaluation breakdown for the course. Any deviations will be communicated.

| Assessment       | Format           | Weighting | Due Date                      |
|------------------|------------------|-----------|-------------------------------|
| Paper debate:    | Written and oral | 15%       | Group 1: Sept 19              |
| Team Summary     |                  |           | Group 5: Oct 3                |
|                  |                  |           | Group 4: Oct 31               |
|                  |                  |           | Group 3: Nov 14               |
|                  |                  |           | Group 2: Nov 28               |
| Paper debate:    | Written and oral | 12%       | Group 2: Sept 19              |
| Team Limitations |                  |           | Group 1: Oct 3                |
|                  |                  |           | Group 5: Oct 31               |
|                  |                  |           | Group 4: Nov 14               |
|                  |                  |           | Group 3: Nov 28               |
| Paper debate:    | Written and oral | 12%       | Group 3: Sept 19              |
| Team Strengths   |                  |           | Group 2: Oct 3                |
|                  |                  |           | Group 1: Oct 31               |
|                  |                  |           | Group 5: Nov 14               |
|                  |                  |           | Group 4: Nov 28               |
| Paper debate:    | Written and oral | 12%       | Group 4: Sept 19              |
| Team Context     |                  |           | Group 3: Oct 3                |
|                  |                  |           | Group 2: Oct 31               |
|                  |                  |           | Group 1: Nov 14               |
|                  |                  |           | Group 5: Nov 28               |
| Paper debate:    | Written and oral | 9%        | Group 5: Sept 19              |
| Team Questions   |                  |           | Group 4: Oct 3                |
|                  |                  |           | Group 3: Oct 31               |
|                  |                  |           | Group 2: Nov 14               |
|                  |                  |           | Group 1: Nov 28               |
| Midterm:         | Written          | 20%       | In class: Oct 10              |
| Covering weeks   |                  |           |                               |
| 1—5              |                  |           |                               |
| Final:           | Written          | 20%       | Final Exam Location: Dec 9—22 |
| Covering weeks   |                  |           |                               |
| 7—14             |                  |           |                               |

**Designated Assessment:** Instructors are permitted to designate one assessment per course per term as requiring supporting documentation to receive academic consideration. See below for information on academic consideration policy and missed course work. For this course, the Final Exam has been designated as requiring supporting documentation:

• Midterm: Supporting documentation required within 48 hours after the Midterm exam date

## General information about assessments

- Rubrics will be used to evaluate assessments and will be posted with the instructions
- A student might not receive the same grade as their group members if it is determined that the distribution of work was not equal
- After an assessment is returned, students should wait 24 hours to digest feedback before contacting their evaluator; to ensure a timely response, reach out within 7 days

Any grade appeals on seminar presentations or the exams must be received within 3 weeks of the grade being posted.

Click <u>here</u> for a detailed and comprehensive set of policies and regulations concerning examinations and grading. The table below outlines the University-wide grade descriptors.

| - | 90-100   | One could scarcely expect better from a student at this level   |  |
|---|----------|---|--|
|   | 80-89    | Superior work which is clearly above average                    |  |
|   | 70-79    | Good work, meeting all requirements, and eminently satisfactory |  |
|   | 60-69    | Competent work, meeting requirements                            |  |
|   | 50-59    | Fair work, minimally acceptable                                 |  |
|   | below 50 | Fail  |  |

#### Information about late or missed assessments:

- Missed work counting to a maximum 12% of the course grade, i.e., a maximum of one missed non-summary seminar in which you are on one of the debate teams, will be reweighted on the remaining seminars. Missed seminars for your group's paper summary presentation will not be reweighted. In the event of an absence due to an approved academic consideration, you may have the opportunity to join another group for the paper summary presentation component. You must submit your academic consideration (see below) and contact your instructor immediately.
- An assessment cannot be submitted after it has been returned to the class; the weight will be transferred to the final grade
- ✓ One make-up test will be offered for the midterm. The date is TBD. Note that the makeup exams will pose different questions and problem sets from the original versions.
- ✓ The paper summary presentation and a minimum of three of the remaining four presentations, midterm and final must be completed to pass the course. If fewer than the specified presentations, midterm or final is missed, the student may receive an INC on their transcript and complete it the next time the course is offered (see next point).

**INC** (Incomplete Standing): If a student has been approved by the Academic Counselling Office (in consultation with the instructor/department) to complete term work at a later date, an INC will be assigned. Students with INC will have their course load in subsequent terms reduced to allow them to complete outstanding course work. Students may request permission from Academic Counselling to carry a full course load for the term the incomplete course work is scheduled.

**SPC (Special examination):** If a student has been approved by the Academic Advising Office to write a Special Examination and the final exam is the only outstanding course component, an SPC will be assigned. If the class has a makeup exam, the student is expected to write the makeup exam. If the class doesn't have a makeup exam or the student misses the makeup exam for reasons approved by the Academic Advising Office, the student will write the exam the next time the course is offered. Outstanding SPCs will reduce the course load for the term the exam is deferred as outlined in Types of Examinations policy.

# 9. Communication

- Students should check the OWL Brightspace site every 24–48 hours
- Students should email their instructor using email
- Emails will be monitored daily; students will receive a response in 24–48 hours
- Students should post all course-related queries on the discussion forum so that everyone can access the questions and responses

## 10. Office Hours

- ☑ Office hours will be held in-person or remotely using Zoom
- $\square$  Office hours will be booked in advance
- $\checkmark$  Office hours will be individual or group

## 11. Resources

All resources will be posted in OWL Brightspace

# 12. Professionalism & Privacy

Western students are expected to follow the <u>Student Code of Conduct</u>. Additionally, the following expectations and professional conduct apply to this course:

- All course materials created by the instructor(s) are copyrighted and cannot be sold/shared (e.g., Must Knows Facebook group, Course Hero, Chegg, etc.)
- Recordings are not permitted (audio or video) without explicit permission
- Permitted recordings are not to be distributed
- Students will be expected to take an academic integrity pledge before some assessments

Western is committed to providing a learning and working environment that is free of harassment and discrimination. All **students**, staff, and faculty have a role in this commitment and have a responsibility to ensure and promote a safe and respectful learning and working environment. Relevant policies include Western's <u>Non-Discrimination/Harassment Policy</u> (M.A.P.P. 1.35) and <u>Non-Discrimination/Harassment Policy – Administrative Procedures</u> (M.A.P.P. 1.35). Any **student**, staff, or faculty member who experiences or witnesses' behaviour that may be harassment or discrimination **must report the behaviour** to the Western's <u>Human Rights Office</u>. Harassment and discrimination can be human rights-based, which is also known as EDI-based, (sexism, racism, transphobia, homophobia, islamophobia, xenophobia, antisemitism, and ableism) or non-human rights-based (personal harassment or workplace harassment).

## 13. How to Be Successful in this Class

Students enrolled in this class should understand the level of autonomy and self-discipline required to be successful.

- 1. Invest in a planner or application to keep track of your courses. Populate all your deadlines at the start of the term and schedule your time throughout the course.
- 2. Make it a daily habit to log onto OWL Brightspace to ensure you have seen everything posted to help you succeed in this class.
- 3. Follow checklists created on OWL Brightspace or create your own to help you stay on

track.

- 4. Take notes as you go through the lesson material. Keeping handwritten notes or even notes on a regular Word document will help you learn more effectively than just reading or watching the videos.
- 5. Connect with others. Try forming an online study group and try meeting on a weekly basis for study and peer support.
- 6. Do not be afraid to ask questions. If you are struggling with a topic, check the online discussion boards or contact your instructor(s) and or teaching assistant(s).
- 7. Reward yourself for successes. It seems easier to motivate ourselves knowing that there is something waiting for us at the end of the task.

## 14. Western Academic Policies and Statements

#### A. Absence from Course Commitments

Students must familiarize themselves with the Policy on <u>Academic Consideration –</u> <u>Undergraduate Students in First Entry Programs</u>

Students missing course work for medical, compassionate, or extenuating circumstances can request academic consideration by completing a request at the <u>central academic consideration</u> <u>portal</u>. Students are permitted one academic consideration request per course per term <u>without</u> supporting documentation. Note that supporting documentation is <u>always</u> required for academic consideration requests for examinations scheduled by the office of the registrar (e.g., December and April exams) and for practical laboratory and performance tests (typically scheduled during the last week of the term).

Students should also note that the instructor may <u>designate</u> one assessment per course per term that requires supporting documentation. This designated assessment is described elsewhere in this document. Academic consideration requests may be denied when flexibility in assessment has already been included. Examples of flexibility in assessment include when there are assessments not required for calculation of the final grade (e.g. 8 out of 10 quizzes) or there is flexibility in the submission timeframe (e.g. 72 hour no late penalty period).

Please note that any academic considerations granted in this course will be determined by the instructor of this course, in consultation with the academic advisors in your Faculty of Registration, in accordance with information presented in this course syllabus. Supporting documentation for academic considerations for absences due to illness should use the <u>Student</u> <u>Medical Certificate</u> or, where that is not possible, equivalent documentation by a health care practitioner.

#### Accommodation for Religious Holidays

Students should review the policy for <u>Accommodation for Religious Holidays</u>. Where a student will be unable to write examinations and term tests due to a conflicting religious holiday, they should inform their instructors as soon as possible but not later than two weeks prior to writing the examination/term test. In the case of conflict with a midterm test, students should inform their instructor as soon as possible but not later than one week prior to the midterm.

### **Special Examinations**

A Special Examination is any examination other than the regular examination, and it may be offered only with the permission of the Dean of the Faculty in which the student is registered, in consultation with the instructor and Department Chair. Permission to write a Special Examination may be given on the basis of compassionate or medical grounds with appropriate supporting documents. To provide an opportunity for students to recover from the circumstances resulting in a Special Examination, the University has implemented Special Examinations dates. These dates as well as other important information about examinations and academic standing can be found <u>here</u>.

## **B.** Academic Offenses

Scholastic offences are taken seriously, and students are directed <u>here</u> to read the appropriate policy, specifically, the definition of what constitutes a Scholastic Offence.

Computer-marked multiple-choice tests and/or exams may be subject to submission for similarity review by software that will check for unusual coincidences in answer patterns that may indicate cheating.

## C. Accessibility Statement

Please contact the course instructor if you require material in an alternate format or if you require any other arrangements to make this course more accessible to you. You may also wish to contact Accessible Education (AE) at 661-2111 x 82147 for any specific question regarding an accommodation or review The policy on Accommodation for Students with Disabilities

## D. Correspondence Statement

The centrally administered **e-mail account** provided to students will be considered the individual's official university e-mail address. It is the responsibility of the account holder to ensure that e-mail received from the University at his/her official university address is attended to in a timely manner. You can read about the privacy and security of the UWO email accounts <u>here</u>.

## E. Discovery Credit Statement

Students are permitted to designate up to 1.0 Discovery Credit course (or equivalent) for pass/fail grading that can be counted toward the overall course credits required for their degree program. The details of this policy and the deadlines can be found <u>here</u>.

## **15. BMSUE Academic Policies and Statements**

## Cell Phone and Electronic Device Policy (for in-person tests and exams)

The Schulich School of Medicine & Dentistry is committed to ensuring that testing and evaluation are undertaken fairly across all our departments and programs. For all tests and exams, it is the policy of the School that any electronic devices, e.g., cell phones, tablets, cameras, smart glasses, smart watch or iPod are strictly prohibited. These devices MUST be left either at home or with the student's bag/jacket at the front of the room and MUST NOT be at the test/exam desk or in the individual's pocket. Any student found with one of these prohibited devices will

receive a grade of zero on the test or exam. Non-programmable calculators are only allowed when indicated by the instructor. The program is not responsible for stolen/lost or broken devices.

## Copyright and Audio/Video Recording Statement

Course material produced by faculty is copyrighted and to reproduce this material for any purposes other than your own educational use contravenes Canadian Copyright Laws. You must always ask permission to record another individual and you should never share or distribute recordings.

#### **Rounding of Marks Statement**

Across the Basic Medical Sciences Undergraduate Education programs, we strive to maintain high standards that reflect the effort that both students and faculty put into the teaching and learning experience during this course. All students will be treated equally and evaluated based only on their actual achievement. *Final grades* on this course, irrespective of the number of decimal places used in marking individual assignments and tests, will be calculated to one decimal place and rounded to the nearest integer, e.g., 74.45 becomes 74, and 74.50 becomes 75. Marks WILL NOT be bumped to the next grade or GPA, e.g., a 79 will NOT be bumped up to an 80, an 84 WILL NOT be bumped up to an 85, etc. The mark attained is the mark you achieved, and the mark assigned; requests for mark "bumping" will be denied.

#### Statement on the use of Generative Artificial Intelligence (AI) Platforms

Within this course, students are permitted to use AI tools exclusively for information gathering and preliminary research purposes. These tools are intended to enhance the learning experience by providing access to diverse information sources. However, it is essential that students critically evaluate the obtained information, exercise independent thinking, and engage in original research to synthesize and develop their own ideas, arguments, and perspectives. The use of AI tools can serve as a starting point for exploration, with students expected to uphold academic integrity by appropriately attributing all sources and avoiding plagiarism. Assignments and/or lab reports should reflect the students' own thoughts and independent written work. By adhering to these guidelines, students contribute to a responsible and ethical learning environment that promotes critical thinking, independent inquiry and allows them to produce original written contributions.

#### 16. Support Services

- Students who are in emotional/mental distress should refer to Mental Health @Western Health <u>https://www.uwo.ca/health/</u> for a complete list of options about how to obtain help.
- To connect with a case manager or set up an appointment, please contact <a href="mailto:support@uwo.ca">support@uwo.ca</a>.
- Other important links:
  - o Academic Advising (Science and Basic Medical Sciences)
  - o Appeal Procedures
  - o <u>Registrarial Services</u>
  - o Student Development Services
  - o Student Health Services

#### **Statement on Gender-Based and Sexual Violence**

Western is committed to reducing incidents of gender-based and sexual violence and providing compassionate support to anyone who has gone through these traumatic events. If you have experienced sexual or gender-based violence (either recently or in the past), you will find information about support services for survivors, including emergency contacts at:

https://www.uwo.ca/health/student\_support/survivor\_support/get-help.html.