

The Schulich School of Medicine & Dentistry

# Faculty Wellbeing Resources

## University Resources:

### Western University's Telus Health Employee Assistance Program

Available to faculty and their family members free of charge.

<https://www.uwo.ca/hr/benefits/eap/>

### Western University's Employee Wellbeing

[https://uwo.ca/hr/safety/well\\_being/](https://uwo.ca/hr/safety/well_being/)

### Western University's Human Rights Office

<https://www.uwo.ca/hro/index.html>

## External Resources:

### Ontario Medical Association Physician Health Program

<https://php.oma.org>

### Sexual Assault/Domestic Violence/Intimate Partner Violence Program, St. Joseph's Health Care London

<https://www.sjhc.london.on.ca/areas-of-care/sexual-assault-and-domestic-violence-treatment-program>

### Canadian Mental Health Association

<https://cmha.ca/find-help/if-you-are-in-crisis/>

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