

**NEPHROLOGY FELLOWSHIP TRAINING PROGRAM  
NOCTURNIST SHIFT POLICY**

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**Reviewed and Approved by the RPC Committee: June 25, 2024**

**Date of Next Scheduled Review: June 2027**

**PREAMBLE**

The overall purpose of the Nocturnist Shift Policy for the Nephrology Training Program is to permit trainees to participate in the DOM Nocturnist Shift. These policies are in place to ensure that trainee education and nephrology clinical service remain a priority. Participation in the Nocturnist Shift is voluntary and must be done on the trainee's own time.

**POLICY REFERENCES**

[PGME Fatigue Risk Management Guidelines](#)

[Resident Moonlighting Policy.pdf \(uwo.ca\)](#)

[Clinical Fellow Moonlighting Policy.pdf \(uwo.ca\)](#)

[CPSO - Requirements](#)

[CPSO - Residents Working Additional Hours for Pay](#)

[CPSO - Restricted Certificate of Registration for Exam Eligible Candidates](#)

[CPSO - Postgraduate Education Term for Clinical Fellows](#)

**NEPHROLOGY FELLOWSHIP TRAINING PROGRAM SPECIFIC GUIDELINES REGARDING  
NOCTURNIST SHIFTS:**

For trainees who are interested in covering the *Nocturnist* shift, the following Nephrology Program policies must be agreed to:

1. Trainees are limited to 1 nocturnist shift per block
2. Trainees must not cover the Nephrology ward (see PGME Moonlighting policy)
3. Trainees must inform the Program Director and Program Administrator for any scheduled shifts
4. Trainee wellness and Fatigue Risk Management is a priority for the Nephrology Fellowship Training Program. Trainees must not work the following day. The post-call day from a nocturnist shift will be counted as a vacation/education day
5. Nephrology service is the priority.
  - Nocturnist shift must not be done on a consult block (unless a Friday or Saturday so they aren't post-call during the service).
  - Trainees must not be post-call on their longitudinal clinic

- Trainees must not be post-call on a day they are on call for Nephrology at night (alternate coverage must be obtained)
- 6. Trainees must not be post-call on Academic Half Day (see PGME policy)
- 7. Trainees are responsible for finding their own coverage and informing the Program Administrator of any changes

The PGME Resident and/or Clinical Fellow Moonlighting Policy must also be agreed to and followed.

[Resident Moonlighting Policy.pdf \(uwo.ca\)](#)

[Clinical Fellow Moonlighting Policy.pdf \(uwo.ca\)](#)

If the above rules are not followed, the privilege of moonlighting for the *Nocturnist* shift may be revoked.

I have read, understand and agree to abide by the guidelines of the Nocturnist Shift Policy set out above.

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DATE

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SIGNATURE