

# Enhanced Skills Program

## *Application Information Session for Family Medicine Residents*

**Dr. Tatiana Jevremovic, MD, CCFP(EM), CCFP (SEM)  
Enhanced Skills Program Director & Assistant Professor**

**July 17th , 2024**

# Who am I?

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- McGill Family Medicine (2001)
- McGill PGY-3 Emergency Medicine (2002)
- Fowler Kennedy Sport Medicine (FKSMC) Fellowship (2003)
- ER (SJHC and LHSC) - 2008
- South London Urgent Care – 2023
- Fowler Kennedy Primary Care Director
- Skate Canada – Chief Medical Advisor
- Canadian Academy of Sport Medicine – Past president and Chief Examiner



# Program Contacts

ES Program Director: Dr. Tatiana Jevremovic  
[tjevremo@uwo.ca](mailto:tjevremo@uwo.ca)

DFM Program Director: Dr. Dan Grushka  
[dgrushk@uwo.ca](mailto:dgrushk@uwo.ca)

DFM Associate Program Director: Dr. Christine Cookson  
[ccookso@uwo.ca](mailto:ccookso@uwo.ca)

Program Administrator: Ms. Melissa Veens  
([melissa.veens@schulich.uwo.ca](mailto:melissa.veens@schulich.uwo.ca))

Office of Distributed Education: Mrs. Brenda Hennessey  
[distributed.education@schulich.uwo.ca](mailto:distributed.education@schulich.uwo.ca)

Family Medicine Post Graduate Office  
([fmpgc@schulich.uwo.ca](mailto:fmpgc@schulich.uwo.ca))



# Enhanced Skills Programs

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## COMPETITON

You don't have to be the fastest. You just can't be the slowest.

I DON'T SEE THE PROBLEM



WITH A LITTLE FRIENDLY  
COMPETITION



## I OPERATE

ON ANOTHER  
LEVEL

# THE PERFECT RESIDENT

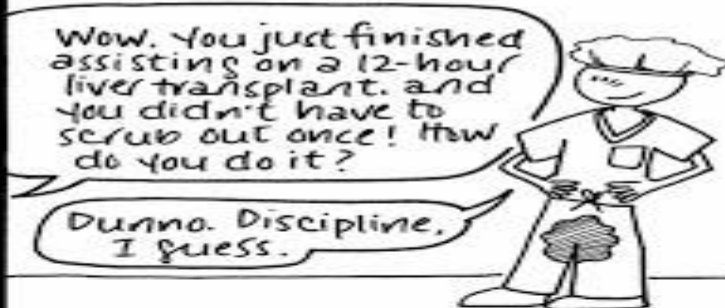
Does not require sleep



Never has to eat



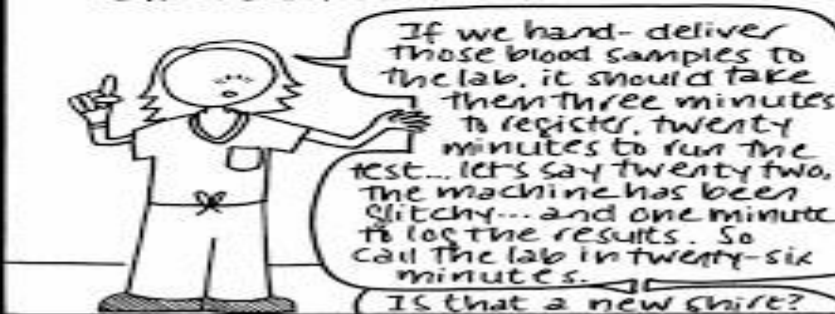
Never has to pee



Basically homeless



Somewhat creepy attention to detail



Has lost ability to feel pain



# Program Vision



- Provide family medicine residents with additional training in specialized **fields of family medicine** for a duration of 6 to 12 months in length
- Attract ***exceptional residents*** who want to be **leaders** in these sub-specialized fields of family medicine while still adhering to the guiding principles of family medicine
- Graduate family physicians that then encompass these focused skills within the practice of family medicine



# Why Enhanced Skills?

- Opportunity to become an expert and resource to your community
- Increased job opportunities in varied centres: urban, rural, academic
- Ability to develop a focused practice
- Opportunity to diversify practice throughout career
- Limited reentry opportunities after graduating

# Why Western?

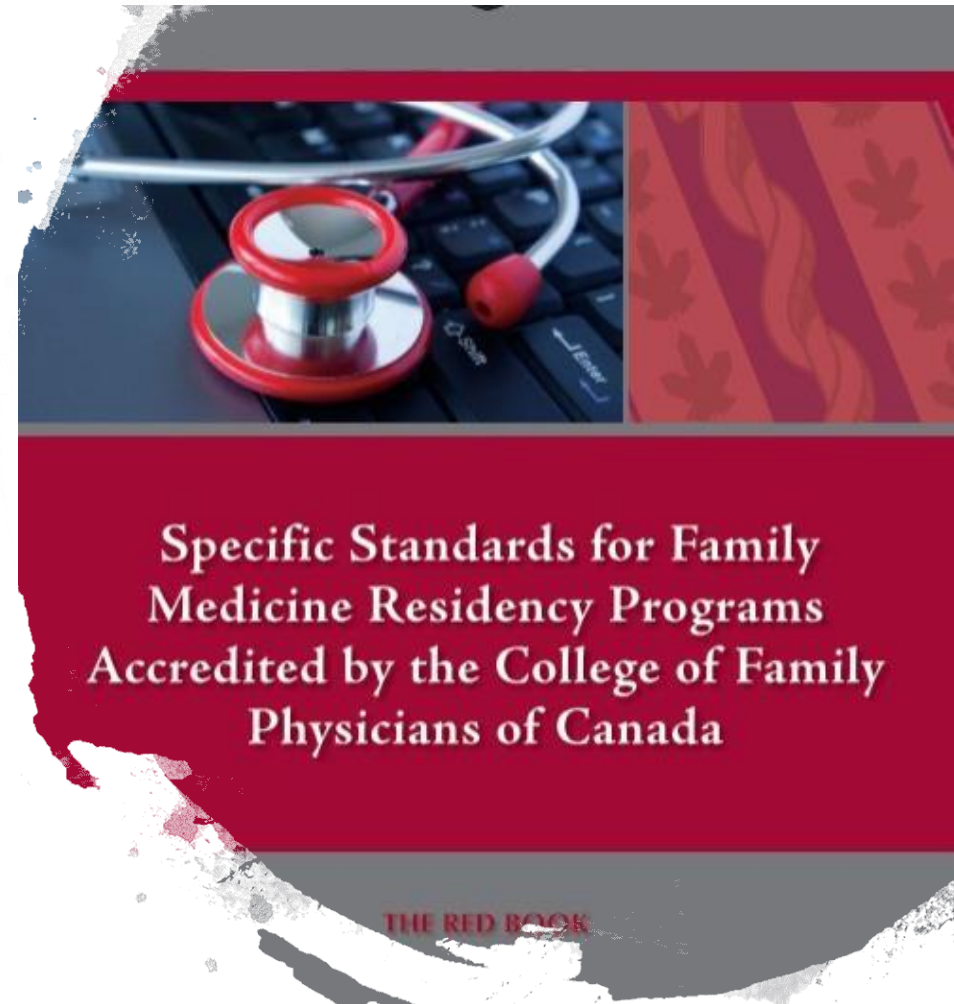
- Fully accredited program (2020)
- Long track record of excellence
- Graduates have found employment in all areas: urban, rural, academic
- Third largest program in Canada





# Types of Programs

- **Category 1 programs**
  - Programs that adhere to an agreed upon set of national guidelines, objectives and evaluations
  - Cannot deviate from the program objectives
- **Category 2 programs**
  - Programs that have been designed at the university level that adhere to the guiding principles of Enhanced Skills training in the CFPC **red book**, but do not have a nationally agreed upon set of guidelines, objectives and evaluations
  - More internal flexibility with regards to training





## CATEGORY 1 Programs

- Emergency Medicine (1 year)
- Sport & Exercise Medicine (1 year)
- Palliative Care (1 year)



## **CATEGORY 2 Programs**

- Academic Family Medicine (1 year)
- Child Health (6 blocks)\*
- Chronic Diseases Management ( 1 year)
- Enhanced Skills - Individualized Program (varies)
- Hospitalist (6 blocks)
- Obstetrics & Women's Health (6 blocks)
- Family Medicine Oncology (1 year)
- Primary Care Rheumatology (1 year)



# Emergency Medicine

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- Program Director:
  - Dr. Munsif Bhimani  
[munsif.bhimani@lhsc.on.ca](mailto:munsif.bhimani@lhsc.on.ca)
- Number of residents
  - 9 Resident Positions (CaRMS)
  - 1 RoS Resident Position (Windsor) – last year
  - Next year – 10 positions ( CaRMS)

# Positions Nationally

University	Positions
Memorial	4
Dalhousie	4
Laval	11
Sherbrooke	6
Montreal	10
McGill	12
Ottawa	5
NOSM	7
Queen's	8

University	Positions
Toronto	7
McMaster	4
<b>Western</b>	<b>10</b>
Manitoba	6
Saskatchewan	8
Alberta	7
Calgary	8
UBC	9

Western has the largest Ontario based CFPC-EM program

# Emergency Medicine

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- **Academic ER – LHSC – 2 blocks**
- **Community ER – 1 block** (Goderich, Chatam, Strathroy, Leamington, Owen Sound, Sarnia, St. Thomas, Stratford, Windsor)
- **Community ER/Anesthesia – 1 block**
- **Ortho-Hybrid – 1 block**
- **Peds-ER – 2 blocks** (can be split between Childrens or PCCU)
- **CCTC – 2 blocks**
- **CCU – 1 block**
- **POCUS – 1 block**
- **Elective – 1 block**
- **Simulation Training**
- **POCUS**
- **Research**



# Sport & Exercise Medicine

- Program Director:
  - Dr. Graham Briscoe –  
[graham.a.briscoe@gmail.com](mailto:graham.a.briscoe@gmail.com)
- Number of residents
  - 2-4 residents/year





# Sport & Exercise Medicine

- The Resident will spend time at:
  - FKSMC in direct patient care
  - Fanshawe Clinic providing general medical care in a student health setting
  - With Orthopaedic Surgeons and other designated Specialists as well as allied Health Professionals including physiotherapists, podiatrists, and bracing specialists at FKSMC
- Other activities include:
  - Varsity athletics and participate in community event coverage.
  - US injection training – clinically and in cadaver lab
  - Teaching of family medicine residents and Kinesiology MSc. Students
  - Research opportunities in the form of projects or pursuing a Master's degree





# Palliative Care

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- Program Director:
  - Dr. Trish Valcke – [pvalcke@thehospice.ca](mailto:pvalcke@thehospice.ca)
- Number of residents
  - 2 residents/year



# Palliative Care

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## London Stream:

- 4 blocks LHSC (Victoria campus)
- 1 block LHSC (University campus)
- 2 blocks Windsor hospice
- 1 block Windsor oncology
- 2 blocks Sarnia
- 3 blocks elective

## Windsor Stream:

- 2 blocks LHSC (Victoria campus)
- 1 block LHSC (University campus)
- 2 blocks WRH consult service (Metropolitan campus, and HDGH PCU)
- 2 blocks Windsor hospice
- 1 block Windsor oncology
- 2 blocks Sarnia
- 3 blocks elective

# Western Highlights

- **Rotations**

- 3 electives blocks
- Horizontal experience during the year
  - Psychosocial oncology at LRCP when in London
  - Pain clinic at LRCP when in London
  - Foundations of palliative care online course





## **CATEGORY 2 Programs**

- Academic FM Program
- Windsor Hospitalist
- OB and Women's Health
- Child Health
- Primary Care Chronic Disease Program
- Primary Care Rheumatology
- FM-Oncology
- Individualized Program

# Academic Family Medicine – 1 year

- Program Director:
  - Dr. Christina Cookson  
[ccookson2012@gmail.com](mailto:ccookson2012@gmail.com)
- Number of residents
  - 1-2 residents/year





# Academic Family Medicine

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- Joint program between the departments of Family Medicine and Graduate Studies
- Goal of the program is to train academic clinicians with an interest in teaching and research
- Two tracts
  - Thesis & course work
  - Non thesis/major essay & course work

# Windsor Hospitalist Program (6 blocks)

- Program Director
- Dr. Danielle Soulliere –  
[Danielle.Soulliere@wrh.on.ca](mailto:Danielle.Soulliere@wrh.on.ca)
- Number of residents
  - 1-2 resident/year



# Windsor Hospitalist Program

- The training would take place at the Hotel Dieu Grace Hospital and Windsor Regional Hospital
  - 2 blocks CTU at Hotel Dieu Hospital
  - 1 block hospitalist Windsor Regional Hospital
  - 1 block ICU with rapid response team at Hotel Dieu
  - 1 block RCU/ICU at Windsor Regional Hospital
  - 2 week elective infectious disease
  - 2 weeks to be divided up as electives chosen from the following areas of specialty: cardiology, nephrology, neurology, endocrinology, GI, Oncology, palliative-inpatient care, radiology, neonatal ICU, chronic care



# Obstetrics & Women's Health – 6 blocks



- Program Directors:
  - Dr. Paige Hacking (London) – [paige.hacking@gmail.com](mailto:paige.hacking@gmail.com)
  - Dr. Jennifer Schnarr (Kitchener) – [jennschnarr@hotmail.com](mailto:jennschnarr@hotmail.com)
- **Number of residents**
  - 1-4 residents/year



# Obstetrics & Women's Health

- Goal is to offer residents a chance to increase their knowledge, experience and procedural base in Women's Health
- 6 block program where the resident will be assigned to 1 of 2 home sites
- London – high volume FM/OB + clinics
- Kitchener – high volume OB + clinics (many learners)

# Horizontal Women's Health Electives



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- **Primary Care Women's Health**
  - Women's Health Clinic at Victoria Hospital
  - Family Practice with strong OB and Women's Health
  - Diabetes Family Planning Clinic at MLHU
- **Psychiatry**
  - Eating Disorders clinic
  - PTSD Clinic
  - First Episode Mood Disorder
  - Post Partum Mood Disorder Clinic
- **Community Based Women's Health**
  - Violence and Sexual Assault Team
- **Medicine Based Women's Health**
  - Sexually Transmitted Infection Clinic
  - Genetics Clinic
  - Endocrinology Clinic
- **Surgical Based Women's Health**
  - Breast Clinic
  - Gynecology
  - Urogynecology Clinic
  - Fertility Clinic
  - Gynecology Clinic



## Child Health – 6 blocks

- Program Director
  - Dr. Loretta Seevaratnam (has stepped down)
  - [lseevarnam@rogers.com](mailto:lseevarnam@rogers.com)
- Number of Residents
  - 1 resident/year

# Child Health


- **Rotations**
- Rural general paediatrics (Sarnia and other sites) - 2 blocks
- Tertiary inpatient paediatrics (London) - 1 block
- Emergency & Airway (London) - 2 blocks
- Electives (Varied Sites) - 2 blocks





# Primary Care Chronic Disease Management Program – 1 year

- Program Director
  - Dr. Sonja Reichert
  - [sreiche2@uwo.ca](mailto:sreiche2@uwo.ca)
- Number of residents
  - 1-2 residents/year



# Primary Care Chronic Disease Management Program

- 12-month program that focuses on the management of patients with chronic diseases
- Longitudinal rotations allow for flexibility regarding developing interests in specific fields
- Rotations include outpatient clinics in:
  - Diabetes
  - Cardiovascular health
  - Nephrology
  - Neurology
  - COPD
  - Wound care
  - Rheumatologic diseases
  - Electives based on resident's educational objectives

# Primary Care Rheumatology – 1 year

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- Program Director
  - Dr. Gina Rohekar
  - [gina.rohekar@sjhc.london.on.ca](mailto:gina.rohekar@sjhc.london.on.ca)
- Number of residents
  - 1 resident/year





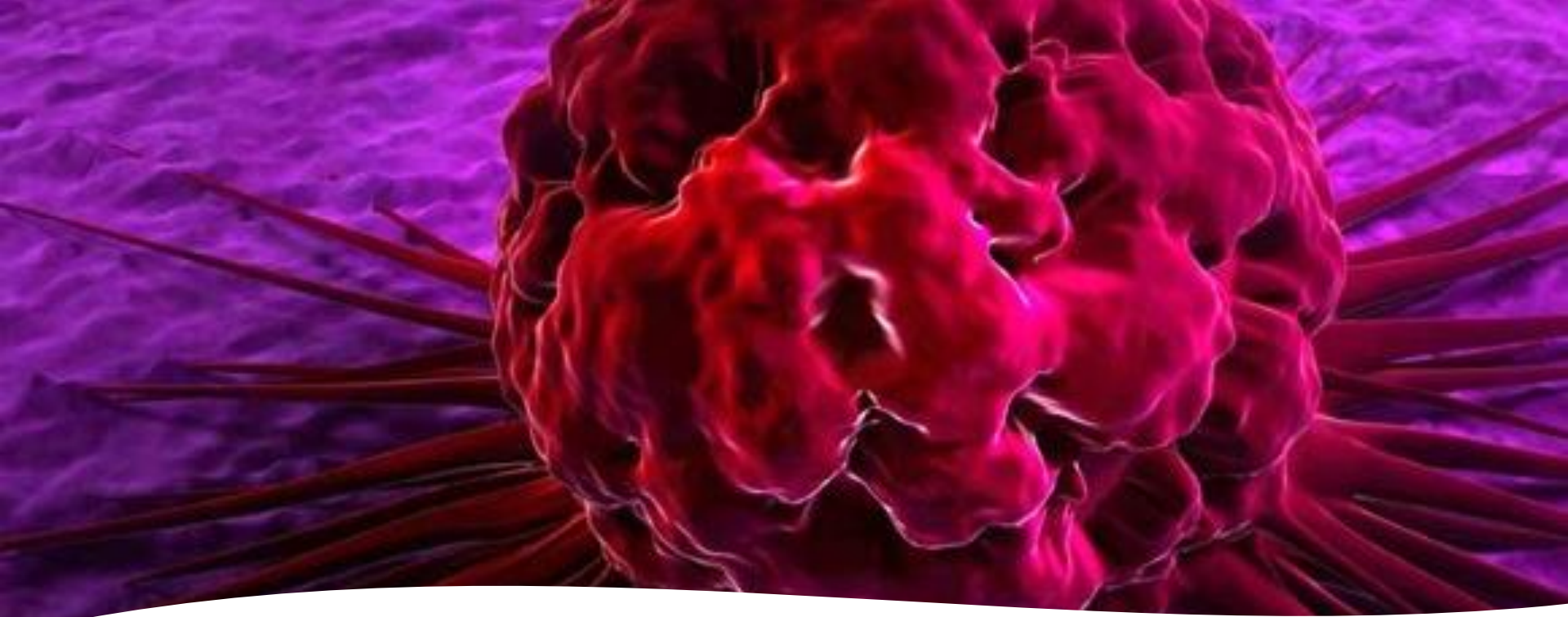
# Primary Care Rheumatology

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- 1 year program based out of the St. Joe's rheumatology clinic focusing on primary care based rheumatological conditions
- Areas of focus:
  - OA
  - Inflammatory arthritis
  - Fibromyalgia
  - Tendonitis
  - Mechanical Back Pain
  - Connective Tissue Diseases
  - PMR


# Family Med-Oncology – 1 year

- Program Director
  - Dr. John Lenehan
  - [John.Lenehan@lhsc.on.ca](mailto:John.Lenehan@lhsc.on.ca)
- Number of residents
  - 1 resident/year



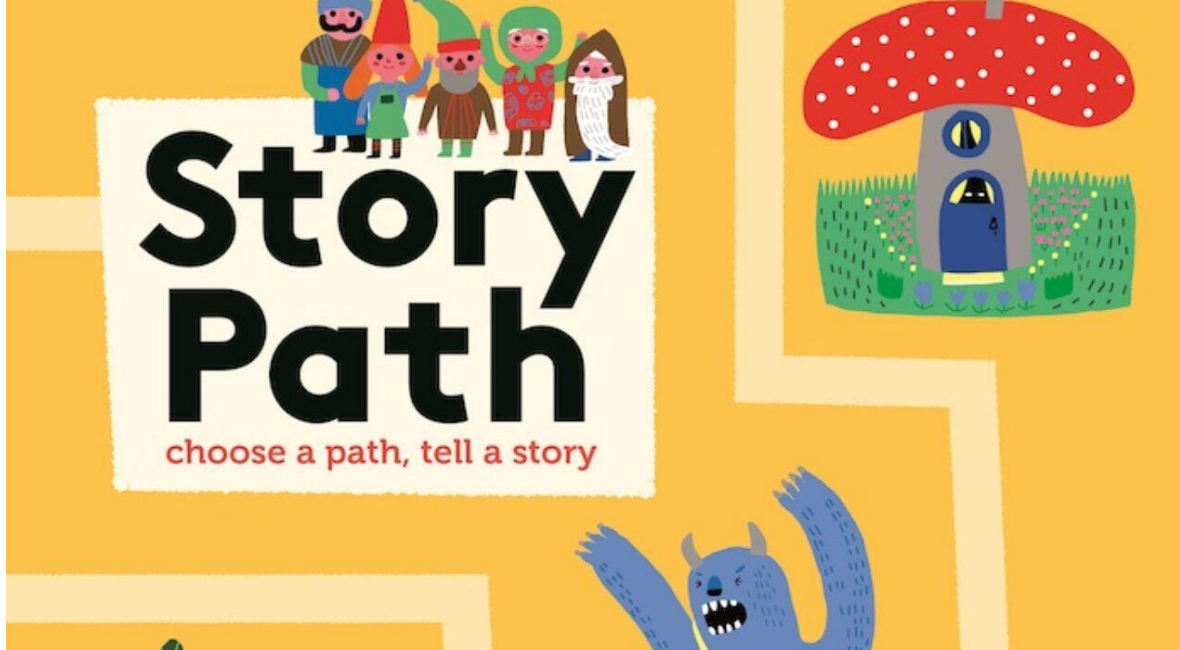
## Family Med- Oncology

- London: Inpatient medical oncology (1 block)
- London: Rotations in lung, breast, GI, melanoma, head/neck, GU (5 blocks)
- London: Hematology/Oncology (1 block)
- London: Gyn/Onc (1 block)
- London: Palliative Care/Pain Clinic (1 block)
- Windsor: Inpatient Hospitalist-Oncology (1 block)
- London or Windsor: Radiation-Oncology (1 block)
- Windsor: General medical oncology clinic (1 block)
- London/Windsor/Community: Elective – choice of community ICU, palliative care/hospice, research/admin, family medicine (1 block)



# Individualized Program

- Program Director
  - Dr. Tatiana Jevremovic  
tjevremo@uwo.ca
- Number of residents
  - 1-2 residents/year
  - 6-12 months programs available
- *Preference given to established programs over individualized program, with the exception of a well thought out program with objectives and a clinical supervisor*



# Individualized Program

- Must fulfill a community need
- Within the extended scope of Family Medicine
- Develop a curriculum design and find a supervisor from that field
- Not an extension of core Family Medicine Training

# Enhanced Skills Requirements

- Scholarly Activity
- Resident Research Day
- Longitudinal Clinical Experience
- Connectivity to Family Medicine
- Moonlighting



# Scholarly Activity

- The PGY3 project is not meant to be an onerous activity
- All resident are eligible for funding and assistance from the Centre for Studies in Family Medicine
- Acceptable modes of research include: case reports, quality improvement (QI) analysis, clinical/scientific research, self-reflection projects, etc.
- All topics should be discussed with your program director



# Resident Research Day

- All ES skills residents are required to present at Resident Research Day
- Presentation format is that of a short oral presentation at Family Medicine Research Day in June
- Abstracts will be due in April



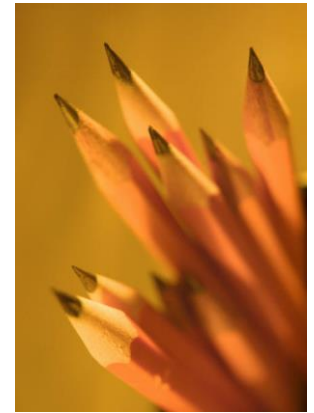


# Field Notes – Longitudinal

- All residents should identify 2 patients they see early in the year and ask permission to follow up with them later in the year (excluding EM)
  - Demonstrate continuity of care and comprehensive care within the enhanced skills program
  - Discuss these cases with the preceptor supervising you when you first encounter these patients.

≡ MyFM

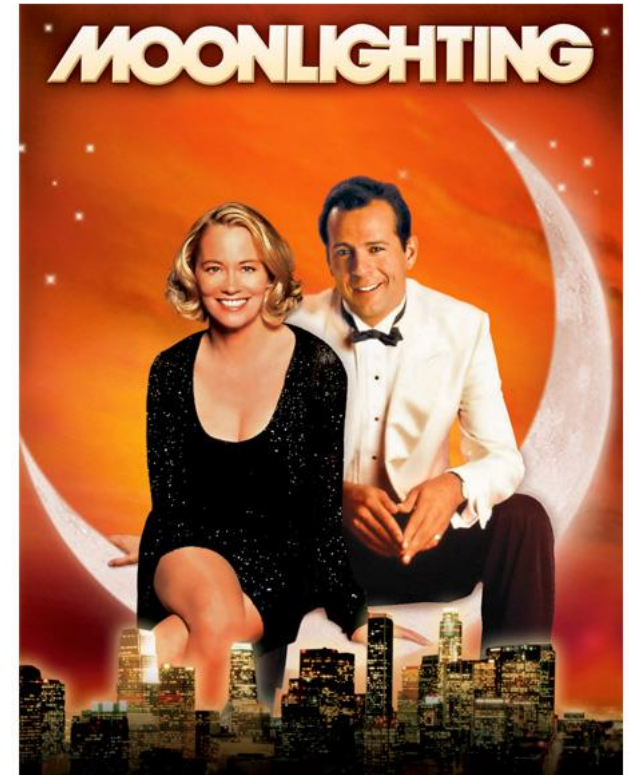
# Academic Connectivity



- All residents are invited to:
  - Attend Family Medicine and PGME grand rounds
  - Teach at PGY-1 & PGY-2 half days
- PGY-3 Seminar Series
  - Topics to be determined by the group in conjunction with the ES chief resident
  - Topics can include: critical appraisal, practice management, how to set up an office, how to incorporate, CMPA talk, etc.

# Moonlighting

- Refer to complete policy in the ES Resident Manual
- Complete 50% of program and be in good standing
- Cannot occur in Western affiliated institutes
- Cannot interfere with ES commitments



# Certification

- **All residents who successfully complete the program will receive:**
  - UWO certificate
  - Category 1 programs are eligible for CAC from CFPC
- **Exams for certification:**
  - Sports Medicine (conducted through CASM)
  - Palliative Care (conducted through UWO)
  - Emergency Medicine (conducted through CFPC)
- **Thesis required:**
  - Academic Family Medicine



# CACs

- All residents in Category 1 programs who successfully complete the program will be granted a CAC from the CFPC
- <http://www.cfpc.ca/cac/>



The College of  
Family Physicians  
of Canada

Le Collège des  
médecins de famille  
du Canada

# Application Process

## Required documentation:

- Application form on myFM / CaRMS application
- 4 reference letters
  - 1 letter from PD
  - 1 letter from primary FM supervisor
  - 2 letters from ES related physicians
- Letter of intent
- CV

# Eligibility

Current PGY2 resident in Family Medicine Training Program

Successful completion of a Family Medicine Resident Training Program in Canada prior to starting the ES program

***As per the Postgraduate Education Office, IMG's who entered the postgraduate system through CaRMS in Ontario are eligible to be considered for Family Medicine PGY3 MOHLTC funded positions. IMG's from other provinces are eligible but would have to complete a ROS in Ontario prior to ROS in their original province of study.***

Must hold CPSO, CMPA

Must pass prior to entering program:

- LMCC I

# Family Medicine / Enhanced Skills Match



The Family Medicine/Enhanced Skills Match (FM/ES match) is for applicants who are completing or have completed postgraduate training in Family Medicine in Canada and want to pursue enhanced skills training

Prior to the 2021 match cycle, the FM/ES match was called the Family Medicine / Emergency Medicine (FM/EM) match. It was renamed to reflect the participation of all Category One enhanced skills programs for the 2021 match cycle.

## Category 1 Enhanced Skills Programs

- <https://www.carms.ca/match/family-medicine-enhanced-skills-match/>



# Category 2 Application

Enhanced Skills Application Form - Step 1 of 4

1

Application Form

2

Required Files Upload

3

Provide References

4

Application Complete

## Note

As you complete each step, you will **not** be able to go back and make changes to the information provided so ensure your application is complete and accurate. Should you have any questions, please direct them to [Department of Family Medicine](#).

## Eligibility:

To be eligible, you must be a Canadian citizen or permanent resident enrolled in postgraduate year 2 (PGY-2) in a Canadian Family Medicine residency program accredited by the College of Family Physicians of Canada (CFPC).

If you are a Canadian citizen or permanent resident in an Accreditation Council for Graduate Medical Education (ACGME) accredited program in the United States, you must join the College of Family Physicians of Canada (CFPC) as a resident member and provide evidence that you are registered in an accredited program.

Are you a Canadian citizen or permanent resident?

No

## CaRMS info:

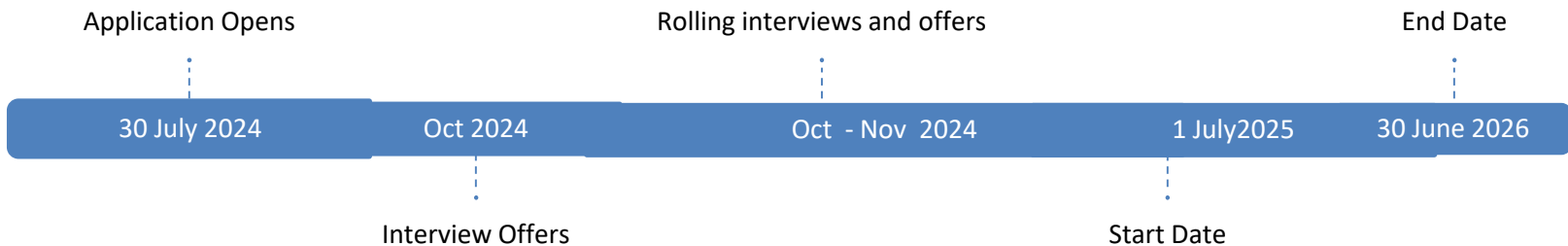
Will you be applying to a Category 1 program through CaRMS:  
Applying Category 1 program

No

# CaRMS Timeline



# Category 2 Timeline

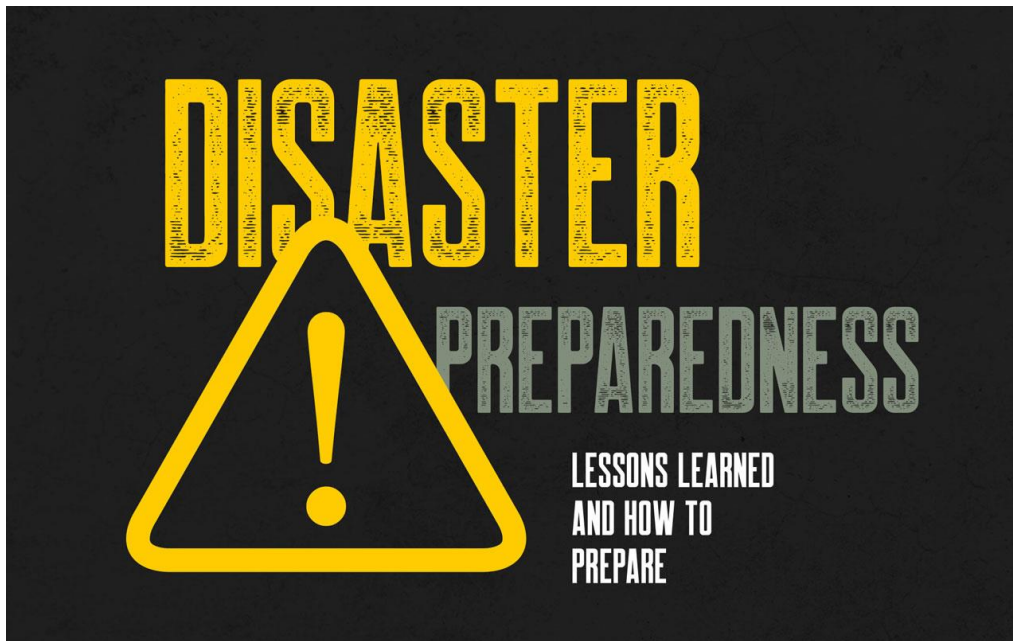


# Application FAQ

- Category 2 offers completed prior to CaRMS match and is a binding contract with the University
- Successful applicants are asked to withdrawal from CaRMS upon acceptance of position
- Can apply to both or multiple programs
- Off-cycle residents must be current PGY2 resident during application period (August-December) to apply
- Interviews via ZOOM

# Ministry of Health Re-entry

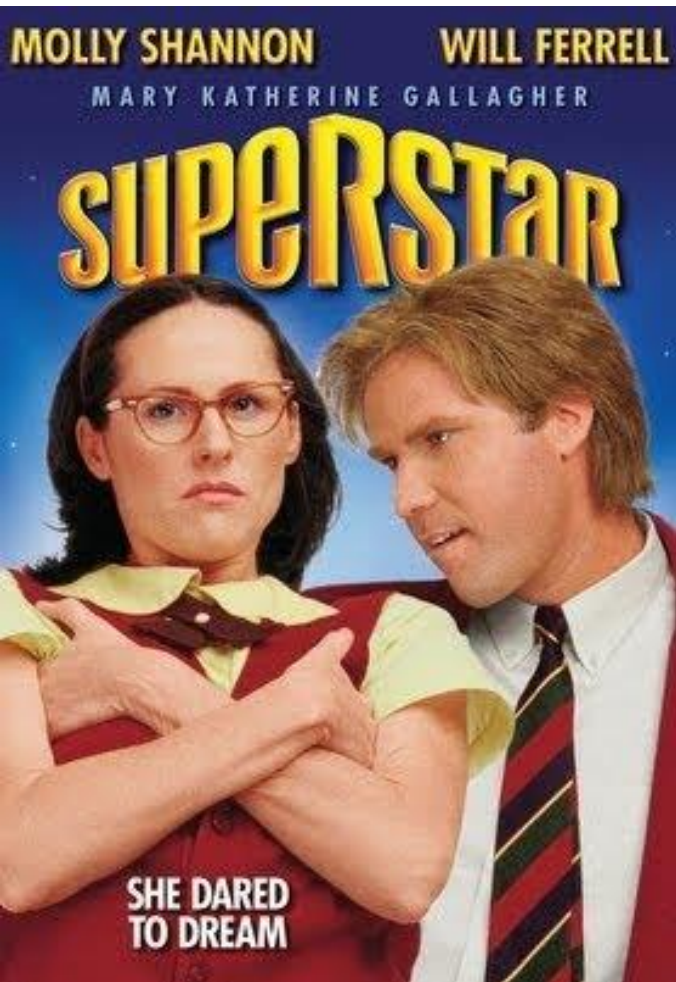
- Practicing Family Physicians (minimum 1 year clinical practice)
- Apply to the MOH directly
- Approved applications presented to programs
- Programs offer interviews or decline based on capacity



## How to prepare

- Gain experience in your area of interest
  - Electives, horizontal electives, research, academic pursuits
- Go beyond your training
  - Courses, conferences, certifications, etc
- Demonstrate roundedness to your area
  - Understand the breadth of required training
- Get facetime with those that may train you

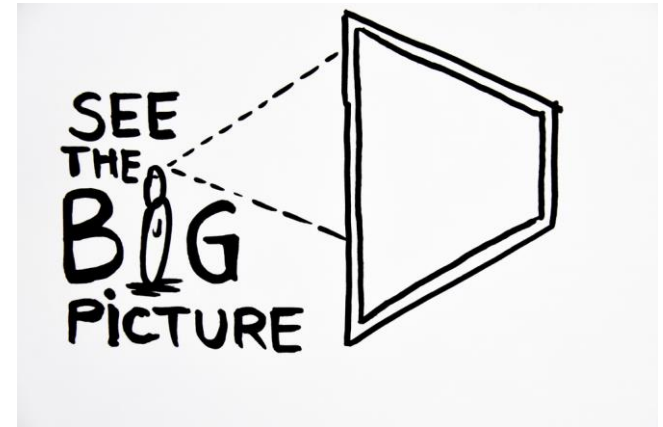
# What Were Looking For



- What you plan to do with the training
- A longitudinal preparedness for the year
- Strong letters of reference from those within the field
- Clear goals to achieve with the additional training
- Demonstration of qualities that are important for your field

# Things to Consider

- What do you see your practice looking like?
- How will that model serve your community?
- How will your career and practice change with time?
- Will the model bring you career fulfillment?



# Resources

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- Family Medicine website:  
<http://www.schulich.uwo.ca/familymedicine/>
- Please refer to website regarding updates from the department and the new Enhanced Skills Program website
- Please refer to the orientation manual for all policies
- *All policies that govern PGY-1 & PGY-2 apply to PGY-3 residents*





Questions??



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