

Enhanced Skills Program

Application Information Session for Family Medicine Residents

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Associate Professor & Enhanced Skills Program Director

August 5, 2020

THE PERFECT RESIDENT

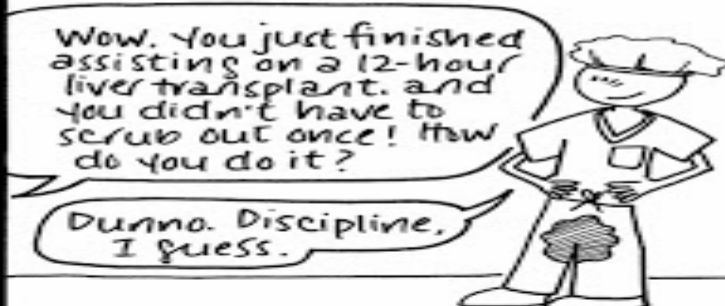
Does not require sleep



Never has to eat



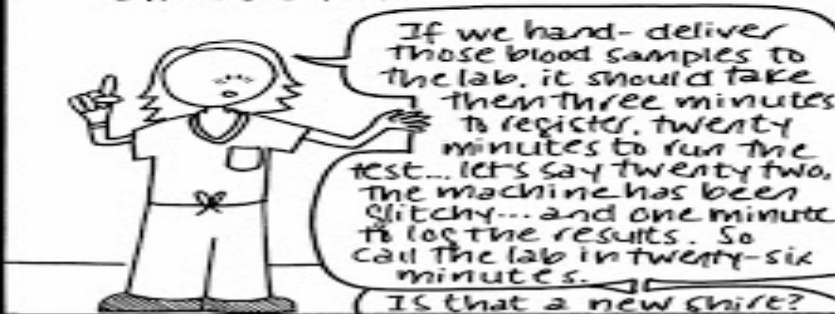
Never has to pee



Basically homeless



Somewhat creepy attention to detail



Has lost ability to feel pain





Program Contacts

ES Program Director: Dr. Daniel Grushka dgrushk@uwo.ca

DFM Program Director: Dr. Jamie Wickett jwicket3@uwo.ca

Program Administrator: Mr. Dennis Sue dsue2@uwo.ca

Postgraduate Education Coordinator: Ms. Kelsey Klages
kelsey.klages@schulich.uwo.ca

Postgraduate Academic Program Coordinator: Ms. Adrienne
Wakabayashi adrienne.wakabayashi@schulich.uwo.ca

Office of Distributed Education: Mrs. Brenda Hennessey
distributed.education@schulich.uwo.ca

Program Contacts

Leadership change

(January 2021)

DFM Program Director: Dr. Julie Copeland (jcopela3@uwo.ca)

DFM Associate Program Director:
Dr. Daniel Grushka
(dgrushk@uwo.ca)

ES Program Director: Dr. Kyle Carter
(kwcarter519@gmail.com)

Program Vision

- The current vision of the Enhanced Skills Program is to provide residents with additional training in specialized fields of family medicine for a duration of 6 to 12 months in length.
- The aim is to attract **exceptional residents** who want to be leaders in these sub-specialized fields of family medicine while still adhering to the guiding principles of family medicine.
- It is our hope that these residents will then attempt to encompass these new skills within the practice of family medicine





Why Enhanced Skills?

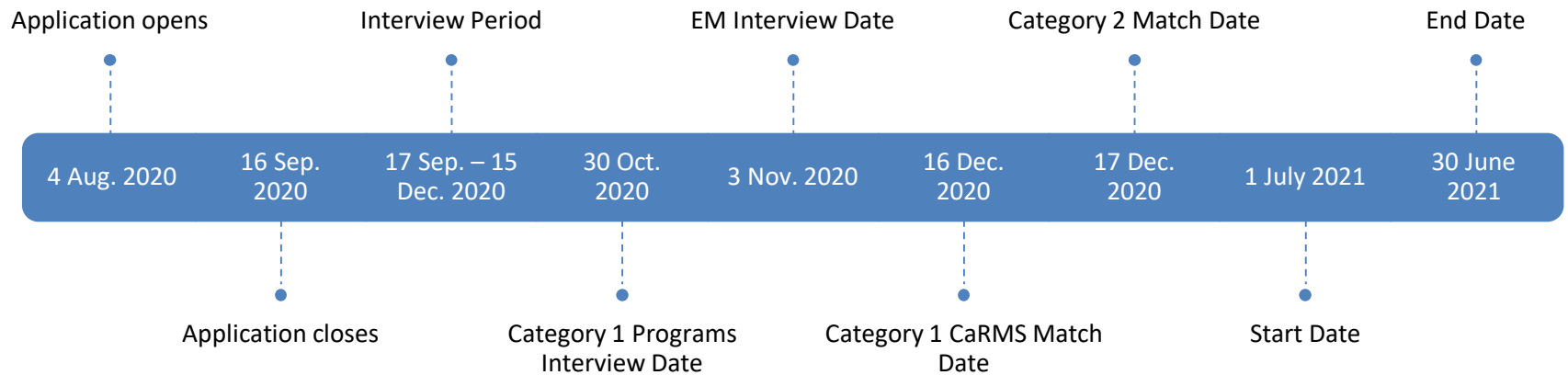
- Exciting and stimulating career that allows you to make life-long relationships with your patients
- Ample job opportunities in varied centres: urban, rural, academic.
- Ability to sub-specialize in numerous fields to enhance your practice or develop a focused practice.
- Excellent remuneration and flexible lifestyle options.

Why Western?

- Fully accredited program
- Long track record of excellence
- Graduates have found employment in all areas: urban, rural, academic
- Third largest program in Canada



Timeline



Application Process

- Application form online on our website & CaRMS
- Eligibility
 - Successful completion of a Family Medicine Resident Training Program in Canada
 - Re-entry applicants need to apply through the MOHLTC for consideration. Prospective applicants will be considered POST-MATCH if funding is available
 - ***As per the Postgraduate Education Office, IMG's who entered the postgraduate system through CaRMS in Ontario are eligible to be considered for Family Medicine PGY3 MOHLTC funded positions. IMG's from other provinces are eligible but would have to complete a ROS in Ontario prior to ROS in their original province of study.***
 - Must hold CPSO, CMPA
 - Must pass prior to entering program:
 - LMCC I & LMCC II
 - CFPC Family Medicine Examination (if applying as a PGY2, indicate when you are writing the exam)



Application Process

- Required documentation:
 - Application form on myFM / CaRMS application
 - 4 reference letters
 - 1 letter from PD
 - 1 letter from primary FM supervisor
 - 2 letters from ES related physicians
 - Letter of intent
 - CV

http://www

On-line Application

- Category 1 Enhanced Skills Programs
 - <https://www.carms.ca>
- Category 2 Enhanced Skills Programs
 - <https://fm.schulich.uwo.ca/MyFM/Account/Login>

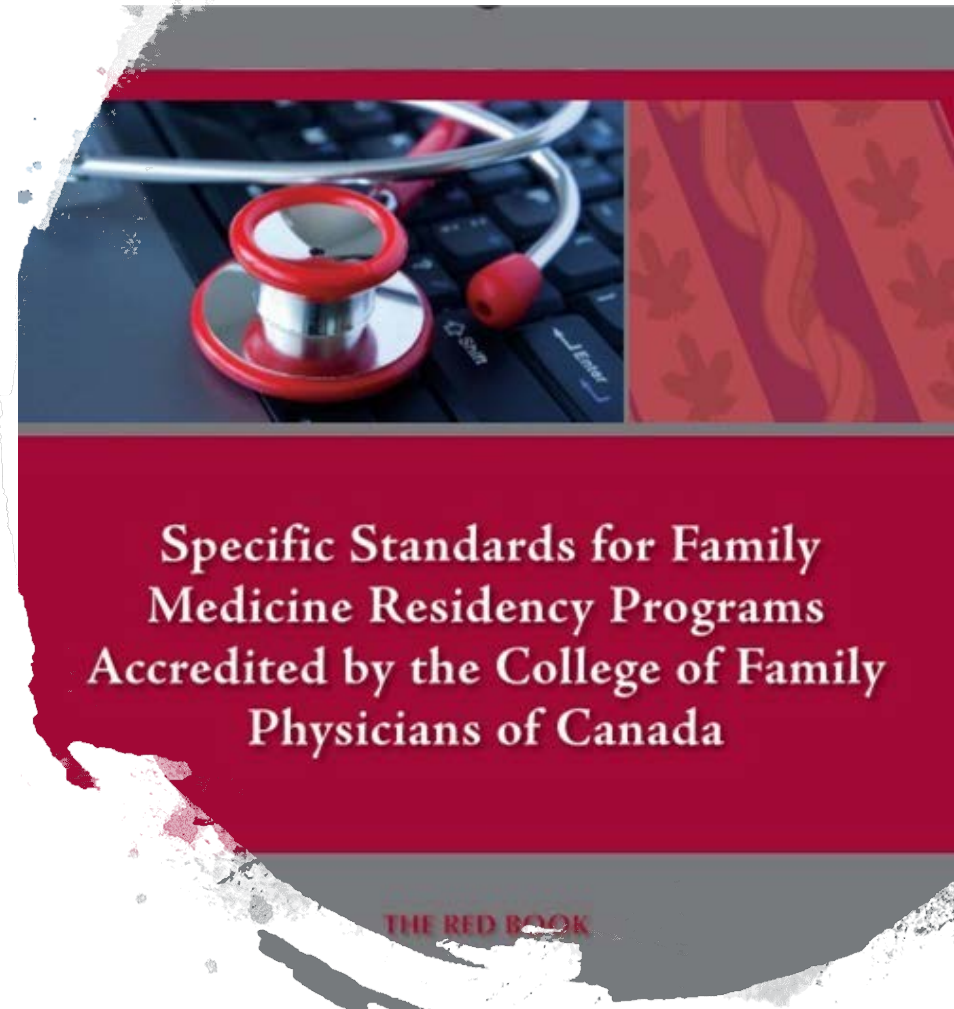
http://www

On-line Application - myFM

- Category 2 Enhanced Skills Programs
 - https://fm.schulich.uwo.ca/Dashboard/es_application/submit/
 - You must submit your application on-line for your referees to get the reference requests.
 - The sooner you do this, the sooner they receive the request
 - **PLEASE DON'T LEAVE THIS TOO LATE!**

Types of Programs

- **Category 1 programs**
 - Programs that adhere to an agreed upon set of national guidelines, objectives and evaluations
 - ER, COE, Palliative Care, SEM
 - Cannot deviate from the program objectives
- **Category 2 programs**
 - Programs that have been designed at the university level that adhere to the guiding principles of Enhanced Skills training in the CFPC red book, but do not have a nationally agreed upon set of guidelines, objectives and evaluations
 - More internal flexibility with regards to training



12 Month Programs

- Academic Family Medicine
- Care of the Elderly
- Sport & Exercise Medicine
- Primary Care Chronic Disease Program
- Emergency Medicine
- Individualized Program
- Palliative Care
- Primary Care Rheumatology

6 Month Programs

- Women's Health & Obstetrics
- Individualized Program
- Child Health
- Windsor Hospitalist Program





CATEGORY 1 Programs

- Care of the Elderly
- Emergency Medicine
- Sport & Exercise Medicine
- Palliative Care

Care of the Elderly

- Program Director:
 - Dr. Corrine Coulter
 - Corrine.coulter@lhsc.on.ca
- Number of residents
 - 1-2 residents/year



Care of the Elderly

- The program includes a combination of block rotations with selected horizontal continuing clinical experiences. Experience in the following clinical settings is usually provided in block rotations:
 - Acute Care Ward Consultation
 - Geriatric Rehabilitation Unit
 - Outreach
 - Geriatric Psychiatry
 - Geriatrics and Family Medicine
 - Electives
 - Ambulatory clinics





Victoria Hospital
London Health Sciences Centre
800 Commissioners Road



EMERGENCY
Adult & Children



Commissioners
Entrance

Emergency Medicine

- Program Director:
 - Dr. Munsif Bhimani
munsif.bhimani@lhsc.on.ca
- Number of residents
 - 8 residents/year
 - 2 RoS residents/year
 - For 2020-2021: RoS is Windsor and Chatham

Positions Nationally

University	Positions
Memorial	4
Dalhousie	4
Laval	11
Sherbrooke	6
Montreal	10
McGill	12
Ottawa	5
NOSM	7
Queen's	8

University	Positions
Toronto	7
McMaster	4
Western	10
Manitoba	6
Saskatchewan	8
Alberta	7
Calgary	8
UBC	9

Western has the largest Ontario based CFPC-EM program

Emergency Medicine

- **Academic ER – LHSC – 2 blocks**
- **Community ER – 1 block** (Goderich, Chatam, Strathroy, Leamington, Owen Sound, Sarnia, St. Thomas, Stratford, Windsor)
- **Community ER/Anesthesia – 1 block**
- **Plastics/HULC – 1 block**
- **Ortho-Hybrid – 1 block**
- **Peds-ER – 2 blocks** (can be split between HSK or PCCU)
- **CCTC – 2 blocks**
- **CCU – 1 block**
- **POCUS – 1 block**
- **Elective – 1 block**



Sport & Exercise Medicine

- Program Director:
 - Dr. Graham Briscoe –
graham.a.briscoe@gmail.com
- Number of residents
 - 1-2 residents/year





Sport & Exercise Medicine

- The Resident will spend time at:
 - FKSMC in direct patient care
 - Fanshawe Clinic providing general medical care in a student health setting.
 - With Orthopaedic Surgeons and other designated Specialists as well as allied Health Professionals including physiotherapists, podiatrists, and bracing specialists at FKSMC.
- Other activities include:
 - Varsity athletics and participate in community event coverage.
 - Teaching of family medicine residents and Kinesiology MSc. Students
 - Research opportunities in the form of projects or pursuing a Master's degree



Palliative Care

- Program Director:
 - Dr. Anita Singh – anita.singh@lhsc.on.ca
 - Dr. Trish Valcke – pvalcke@thehospice.ca
- Number of residents
 - 1-2 residents/year



Palliative Care

- Rotations
 - Palliative Care Unit & Residential Hospice
 - 2 blocks / Sarnia
 - Palliative Care Consult Service
 - 4 blocks split between Windsor Regional Hospital & LHSC
 - Homecare & PCU/Residential Hospice
 - 2 blocks in Windsor & region
 - Oncology
 - 1 block Med-Onc
 - 1 block Rad-Onc at WRH



Palliative Care

- **Rotations**
 - Electives
 - 2 blocks
 - Horizontal experience during the year
 - Psychosocial oncology at LRCP when in London
 - Pain clinic at LRCP when in London
 - Foundations of palliative care online course



CATEGORY 2 Programs

- Academic FM Program
- Windsor Hospitalist
- OB and Women's Health
- Child Health
- Primary Care Chronic Disease Program
- Primary Care Rheumatology
- FM-Oncology
- Individualized Program

Academic Family Medicine

- Program Director:
 - Dr. Christina Cookson
ccookson2012@gmail.com
- Number of residents
 - 1-2 residents/year





Academic Family Medicine

- Joint program between the departments of Family Medicine and Graduate Studies
- Goal of the program is to train academic clinicians with an interest in teaching and research
- Two tracts
 - Thesis & course work
 - Non thesis/major essay & course work

Windsor Hospitalist Program

- Program Director
- Dr. Danielle Soulliere –
Danielle.Soulliere@wrh.on.ca
- Number of residents
 - 1 resident/year



Windsor Hospitalist Program

- The training would take place at the Hotel Dieu Grace Hospital and Windsor Regional Hospital and is proposed as follows:
 - 2 blocks CTU at Hotel Dieu Hospital
 - 1 block hospitalist Windsor Regional Hospital
 - 1 block ICU with rapid response team at Hotel Dieu
 - 1 block RCU/ICU at Windsor Regional Hospital
 - 2 week elective infectious disease
 - 2 weeks to be divided up as electives chosen from the following areas of specialty: cardiology, nephrology, neurology, endocrinology, GI, Oncology, palliative-inpatient care, radiology, neonatal ICU, chronic care

Obstetrics & Women's Health



- Program Directors:
 - Dr. Andrew Stewart (Kitchener) – dr.stewart@me.com
 - Dr. Paige Hacking (London) – paige.hacking@gmail.com
 - Dr. Neerja Sharma (Chatham) – nsharma@ckha.on.ca
- **Number of residents**
 - 1-4 residents/year

Obstetrics & Women's Health

- Goal is to offer residents a chance to increase their knowledge, experience and procedural base in Women's Health
- 6 block program where the resident will be assigned to 2/3 sites
- Kitchener – high volume OB + clinics (many learners)
- Chatham – medium volume OB + clinics (less learners)
- London – high volume FM/OB + clinics

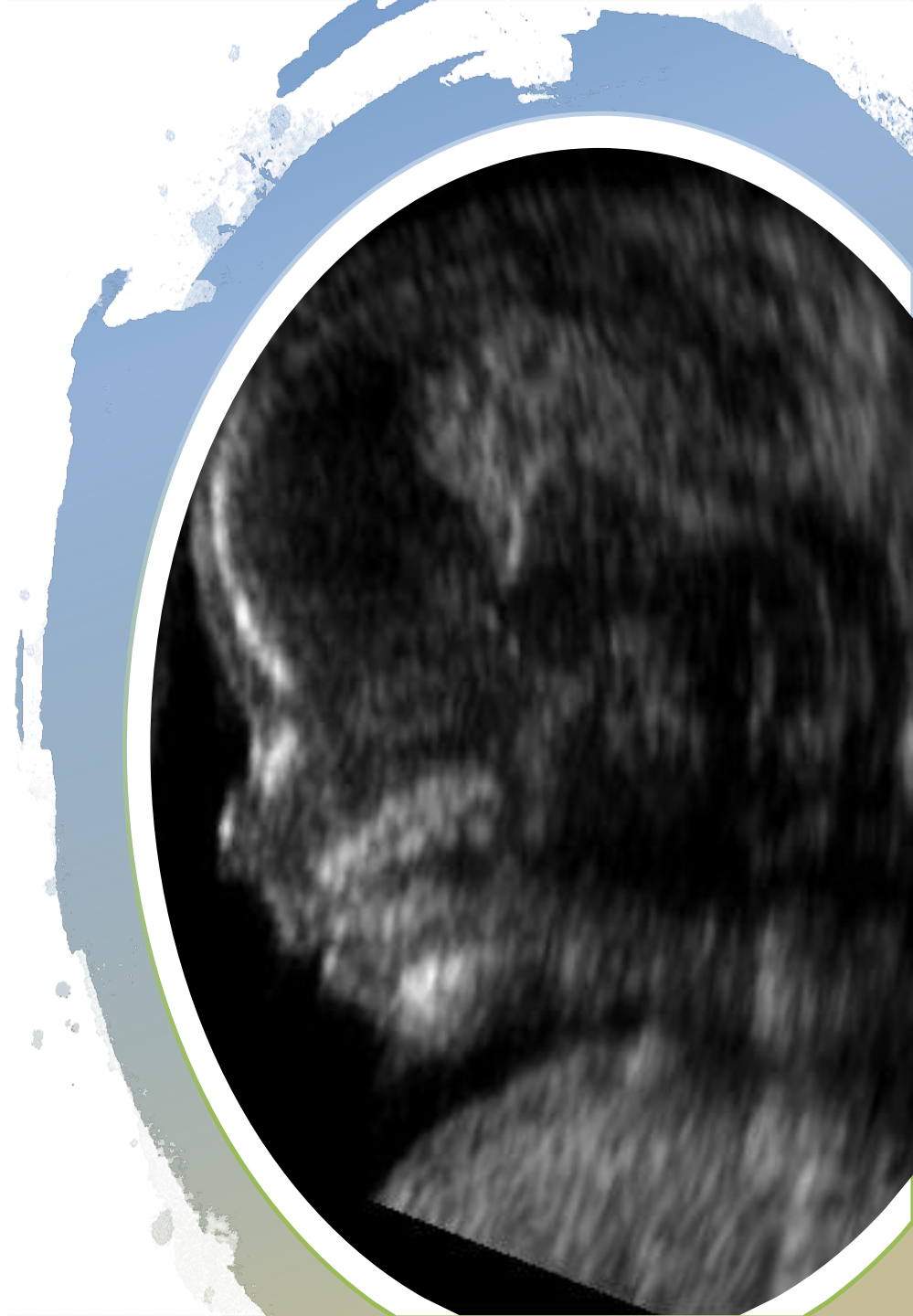


Women's Health Electives

- ***Primary Care Women's Health***
 - Women's Health Clinic at Victoria Hospital
 - Family Practice with strong OB and Women's Health
 - Diabetes Family Planning Clinic at MLHU
- ***Psychiatry***
 - Eating Disorders clinic
 - PTSD Clinic
 - First Episode Mood Disorder
 - Post Partum Mood Disorder Clinic
- ***Community Based Women's Health***
 - Violence and Sexual Assault Team

Women's Health Electives

- ***Medicine Based Women's Health***
 - Sexually Transmitted Infection Clinic
 - Genetics Clinic
 - Endocrinology Clinic
 -
- ***Surgical Based Women's Health***
 - Breast Clinic
 - Gynecology
 - Urogynecology Clinic
 - Fertility Clinic
 - Gynecology Clinic





Child Health

- Program Director
 - Dr. Loretta Seevaratnam
 - lseevarnam@rogers.com
- Number of Residents
 - 1 resident/year

Child Health


- **Rotations**
- Rural general paediatrics (Sarnia and other sites) - 2 blocks
- Tertiary inpatient paediatrics (London) - 1 block
- Emergency & Airway (London) - 2 blocks
- Electives (Varied Sites) - 2 blocks





Primary Care Chronic Disease Management Program

- Program Director
 - Dr. Stewart Harris
 - sharris1@uwo.ca
 - Dr. Sonja Reichert
 - sreiche2@uwo.ca
- Number of residents
 - 1-3 residents/year



Primary Care Chronic Disease Management Program

- 12 month program that focuses on the management of patients with chronic diseases
- Longitudinal rotations allow for flexibility regarding developing interests in specific fields
- Rotations include outpatient clinics in:
 - Diabetes
 - Cardiovascular health
 - Nephrology
 - Neurology
 - COPD
 - Wound care
 - Rheumatologic diseases
 - Electives based on resident's educational objectives



Primary Care Rheumatology

- Program Director
 - Dr. Gina Rohekar
 - gina.rohekar@sjhc.london.on.ca
- Number of residents
 - 1 resident/year

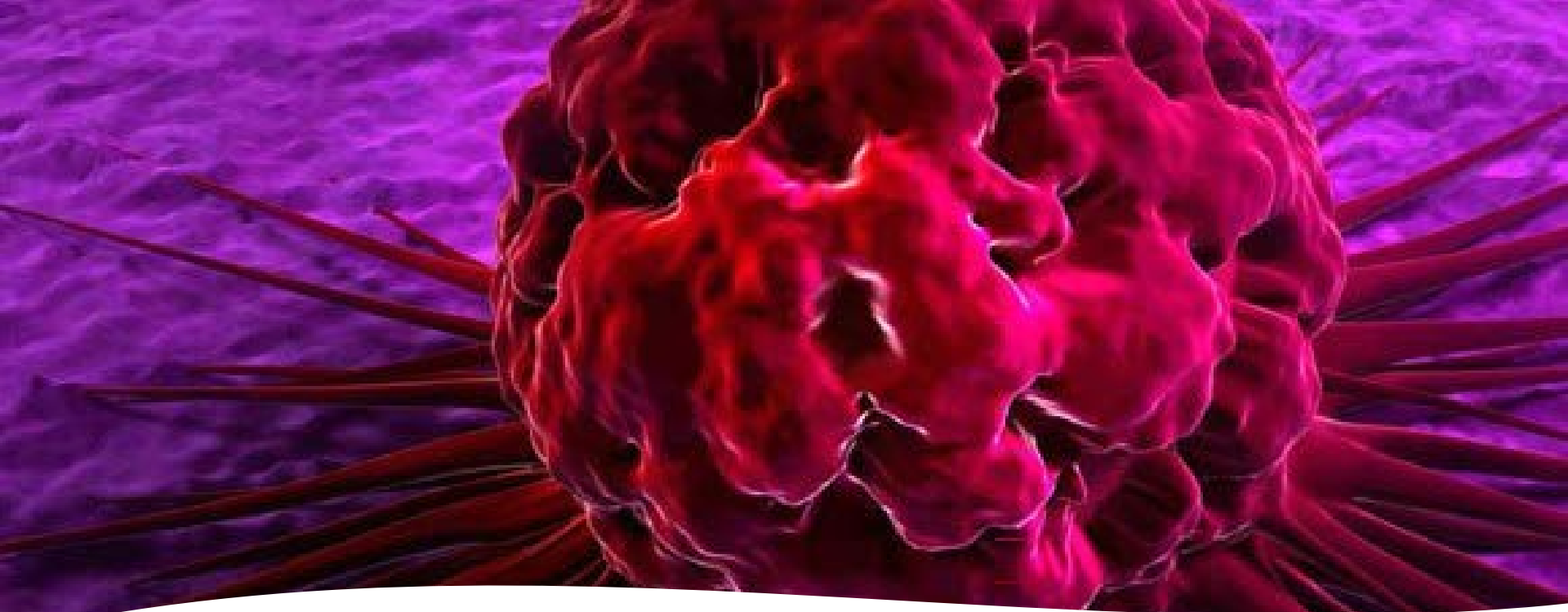


Primary Care Rheumatology

- 1 year program based out of the St. Joe's rheumatology clinic focusing on primary care based rheumatological conditions
- Areas of focus:
 - OA
 - Inflammatory arthritis
 - Fibromyalgia
 - Tendonitis
 - Mechanical Back Pain
 - Connective Tissue Diseases
 - PMR


Family Med-Oncology

- Program Director
 - Dr. Ted Vandenberg
 - ted.vandenberg@lhsc.on.ca
- Number of residents
 - 1 resident/year



Family Med- Oncology

- London: Inpatient medical oncology (1 block)
- London: Rotations in lung, breast, GI, melanoma, head/neck, GU (5 blocks)
- London: Hematology/Oncology (1 block)
- London: Gyn/Onc (1 block)
- London: Palliative Care/Pain Clinic (1 block)
- Windsor: Inpatient Hospitalist-Oncology (1 block)
- London or Windsor: Radiation-Oncology (1 block)
- Windsor: General medical oncology clinic (1 block)
- London/Windsor/Community: Elective – choice of community ICU, palliative care/hospice, research/admin, family medicine (1 block)



Individualized Program

- Program Director
 - Dr. Daniel Grushka
 - dgrushk@uwo.ca
- Number of residents
 - 1-3 residents/year
 - 6-12 months programs available
 - Preference given to established programs over individualized program, with the exception of a well thought out program with objectives and a clinical supervisor.
- **Cannot design a program similar to one that is already offered**
- **Cannot design a program that is an extension of residency**
- **Cannot offer program in Pain Medicine currently**
- **Resident is responsible for setting up rotations and getting a supervisor**

Resources

- Family Medicine website:
<http://www.schulich.uwo.ca/familymedicine/>
- Please refer to website regarding updates from the department and the new Enhanced Skills Program website
- Please refer to the orientation manual for all policies
- *All policies that govern PGY-1 & PGY-2 apply to PGY-3 residents*



Questions??



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MEDICINE & DENTISTRY



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UNIVERSITY - CANADA