

# 11TH ANNUAL CANADIAN ENDOCRINE UPDATE (CEU) & 4TH ANNUAL CANADIAN ENDOCRINE REVIEW COURSE (CERC)

# CEU | FRIDAY, APRIL 24

**Program Committee CEU (co-chairs)** Dr. Terri Paul

Dr. Aliya Khan Dr. Stan Van Uum

Dr. Chris Ambis

# Learning Objectives - Friday

At the completion of this symposium, participants will be able to:

- 1. Enhance their diagnostic approach to common and less common endocrine conditions;
- 2. Improve their ability to manage endocrine disorders;
- 3. Describe one or more new therapeutic treatments in obesity and endocrine disease.

# CERC | SATURDAY, APRIL 25

# Program Committee CERC (co-chairs)

Dr. Deric Morrison

- Dr. Ally Prebtani
- Dr. Manoela Braga
- Dr. Chris Ambis

# Learning Objectives - Saturday

At the completion of this symposium, participants will have:

- 1. Acquired an approach to managing common endocrine problems, including those that are encountered in an outpatient setting during the transition from paediatrics to adulthood;
- 2. Received information to help trainees prepare for their certification exams in Internal Medicine, Endocrinology & Metabolism and Family Medicine;
- 3. Obtained highlights of recent advances in the investigation and management of endocrine problems that are encountered in the outpatient setting.

# ACCREDITATION

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of The Royal College of Physicians and Surgeons of Canada and approved by Continuing Professional Development, Schulich School of Medicine & Dentistry, Western University. (12 hours).

This program meets the accreditation criteria of the College of Family Physicians of Canada and has been accredited for up to 12 MAINPRO-M1 credits.

Each participant should claim only those hours of credit that he/she actually spent in the educational activity.

25 per cent of the time is for participant interaction and questions.

# FEES\*

# Physicians:

Early Rate (before April 1) 1 day-\$125 / 2 days-\$200 Regular Rate (from April 1) 1 day-\$150 / 2 days-\$250

# Allied Health Professionals:

Early Rate (before April 1) 1 day-\$75 / 2 days-\$100 Regular Rate (from April 1) 1 day-\$100 / 2 days-\$125

# Residents:

Early Rate (before April 1) 1 day-\$50 / 2 days-\$75 Regular Rate (from April 1) 1 day-\$75 / 2 days-\$100

\*Inclusive of applicable taxes. Receipts will be issued on the day of the conference at the registration desk.

# EDUCATIONAL SPONSORS

This program was supported in part by an educational grant from: Amgen, Eli Lilly, Merck, Novartis, Novo Nordisk, Pfizer, Sanofi.







# CANADIAN ENDOCRINE UPDATE (CEU) 2015

FRIDAY, APRIL 24, 2015 | Best Western Lamplighter Inn, London, ON

# AGENDA

| 8:00 a.m.  | Registration and Breakfast  |
|------------|---|
| 8:20 a.m.  | Welcoming Remarks – Drs. Aliya Khan<br>and Stan Van Uum   |
|            | Osteoporosis and Thyroid<br>Moderator: Dr. Manoela Braga  |
| 8:30 a.m.  | Approach to Decreased Bone Mineral<br>Density in Premenopausal Women and<br>Anorexia – Dr. Lisa-Ann Fraser    |
| 9:00 a.m.  | Management of Asymptomatic Primary<br>Hyperthyroidism – Dr. Aliya Khan  |
| 9:30 a.m.  | Interactive Thyroid Case –<br>Dr. Merrill Edmonds   |
| 10:15 a.m. | Coffee Break  |
|            | Gonadal and Lipids<br>Moderator: Dr. Stan Van Uum   |
| 10:45 a.m. | Male Hypogonadism: Evaluation,<br>Treatment and Controversies –<br>Dr. Richard Bebb                           |
| 11:30 a.m. | New Therapies for Lipid Disorders –<br>Dr. Rob Hegele   |
| 12:00 p.m. | Lunch   |
|            | Meet the Professor  |
|            | Session 1 – 12:30 to 1:00 p.m.  |
|            | Session 2 – 1:15 to 1:45 p.m.   |
|            | Participants choose two sessions:   |
|            | A) Thyroid Nodules – New American<br>Thyroid Association guidelines –<br>Dr. Deric Morrison                   |
|            | B) Approach to Spells –<br>Dr. Manoela Braga  |
|            | C) Endocrine Care Post Bariatric<br>Surgery and New Pharmacology<br>Treatment of Obesity –<br>Dr. Tony Chetty |
|            | Pituitary<br>Moderator: Dr. Ally Prebtani   |
| 2:00 p.m.  | Acromegaly – Dr. Shereen Ezzat  |
| 2:45 p.m.  | Interactive Pituitary Cases –<br>Drs. Susan Teschke and Stan Van Uum  |
| 4:00 p.m.  | Wrap-up and Evaluation  |
| 4:15 p.m.  | Adjourn   |
|            |   |

# **VISITING FACULTY**

# Richard Bebb, MD, ABIM, FRCPC

Clinical Associate Professor, Department of Medicine, Division of Endocrinology & Metabolism, University of British Columbia; Medical Director, Testosterone Assessment & Replacement Clinic, Men's Health Initiative, Diamond Centre, Vancouver General Hospital

#### Shereen Ezzat, MD, FRCPC, FACP

Professor, Departments of Medicine and Oncology; Head, Endocrine Oncology, Princess Margaret Cancer Centre, University of Toronto

# COURSE FACULTY AND COMMITTEE MEMBERS

#### Christopher Ambis, BSc (Kin), MD, CCFP Ambis and Jones Family Medicine

Manoela Braga, MD Assistant Professor, Department of Medicine, Division of Endocrinology,

McMaster University/St. Joseph's Healthcare

#### Tony Chetty, MD, MSc, FRCPC

Associate Professor, Department of Pathology and Molecular Medicine, McMaster University

#### Merrill Edmonds, MD, FRCPC, FACP

Professor Emeritus, Department of Medicine, Division of Endocrinology and Metabolism, Schulich School of Medicine & Dentistry, Western University

#### Lisa-Ann Fraser, MD, MSc, FRCPC, Cert. Endo

Assistant Professor, Department of Medicine, Division of Endocrinology and Metabolism, Schulich School of Medicine & Dentistry, Western University; Medical Director, London Osteoporosis & Metabolic Bone Disease Program

#### Robert Hegele, MD, FRCPC, FACP

Distinguished University Professor, Department of Medicine, Division of Endocrinology and Metabolism, and Department of Biochemistry, Schulich School of Medicine & Dentistry, Western University

#### Aliya Khan, MD, FRCPC, FACP, FACE

Professor of Clinical Medicine, Department of Medicine, Divisions of Endocrinology and Geriatrics, McMaster University; Director, Calcium Disorders Clinic, St. Joseph's Healthcare

#### Deric Morrison, MD, FRCPC, ECNU

Assistant Professor, Department of Medicine, Division of Endocrinology, Schulich School of Medicine & Dentistry, Western University

#### Terri Paul, MD, MSc, FRCPC

Professor, Department of Medicine, Division of Endocrinology and Metabolism; Associate Dean, Equity & Professionalism, Schulich School of Medicine & Dentistry, Western University

#### Ally Prebtani, BScPhm, MD, ABIM, FRCPC

Associate Professor, Department of Medicine, Divisions of Internal Medicine and Endocrinology and Metabolism, McMaster University

#### Susan Teschke, MD, FRCPC

Adjunct Professor, Department of Medicine, Division of Endocrinology and Metabolism, McMaster University

#### Stan Van Uum, MD, PhD, FRCPC

Associate Professor, Department of Medicine, Division of Endocrinology and Metabolism; Program Director, Endocrinology and Metabolism; Schulich School of Medicine & Dentistry, Western University

# CANADIAN ENDOCRINE REVIEW COURSE (CERC) 2015

REPRODUCTIVE ENDOCRINOLOGY & ENDOCRINE NEOPLASIA SATURDAY, APRIL 25, 2015 | Best Western Lamplighter Inn, London, ON

# AGENDA

| 7:30 a.m.  | Registration and Breakfast   |
|------------|--|
| 8:00 a.m.  | Welcoming Remarks – Dr. Ally Prebtani  |
|            | Moderator: Dr. Manoela Braga   |
| 8:05 a.m.  | Use of Growth Hormone in Growth<br>Hormone Deficiency, Adults and Peds –<br>Dr. Zubin Punthakhee |
| 8:25 a.m.  | Diabetes Mellitus-1 Transition Care –<br>Dr. Tamara Spaic  |
| 8:45 a.m.  | Genetic DM – Dr. Ereny Bassilious  |
| 9:05 a.m.  | Panel Discussion   |
| 9:25 a.m.  | Health Break   |
|            | Moderator: Dr. Nadira Husein   |
| 9:45 a.m.  | What is new in Thyroid Cancer, I-131<br>Treatment – Dr. Deric Morrison                           |
| 10:05 a.m. | When and How to Investigate and Treat<br>Hyperaldo – Dr. Ally Prebtani                           |
| 10:25 a.m. | New Insights in Polycystic Ovarian<br>Syndrome: Diagnose and Treat –<br>Dr. Ruth McManus         |
| 10:45 a.m. | Panel Discussion   |
| 11:05 a.m. | Lunch  |
|            | Moderator: Dr. Chris Ambis   |
| 12:00 p.m. | Alternatives to Surgery Cushing's<br>Syndrome – Dr. Stan Van Uum                                 |
| 12:20 p.m. | New Treatment in Diabetes Mellitus-2 –<br>Dr. Kristin Clemens                                    |
| 12:40 p.m. | Non-Diabetes Mellitus Hypoglycemia,<br>how to work-up? – Dr. Oren Steen                          |
| 1:00 p.m.  | Panel Discussion   |
| 1:20 p.m.  | Health Break   |
|            | Moderator: Dr. Deric Morrison  |
| 1:40 p.m.  | What is new in Osteoporosis: Evidence<br>Based Medicine – Dr. Aliya Khan                         |
| 2:00 p.m.  | Diabetes Mellitus in Pregnancy –<br>Dr. Marci Turner   |
| 2:20 p.m.  | Pituitary Incidentalomas: How far to go? -<br>Dr. Maoela Braga                                   |
| 2:40 p.m.  | Panel Discussion   |
| 3:00 p.m.  | Wrap-up and Evaluation –<br>Dr. Ally Prebtani  |
| 3:15 p.m.  | Adjourn  |

# COURSE FACULTY AND SESSION CHAIRS

#### Christopher Ambis, BSc (Kin), MD, CCFP Ambis and Jones Family Medicine

- **Ereny Bassilious, MD, FRCPC, FAAP, MHPE** Assistant Professor, Fellowship Program Director, Department of Pediatrics, Division of Endocrinology, McMaster University
- Kristin Clemens MD FRCPC Cert. Endo MSc(c) Adjunct Professor, Department of Medicine, Schulich School of Medicine and Dentistry, Western University

# Manoela Braga, MD

Assistant Professor, Department of Medicine, Division of Endocrinology, McMaster University/St. Joseph's Healthcare

# Nadira Husein, BSc, MD, FRCPC, MPLc

Assistant Clinical Professor, Department of Medicine, Division of Endocrinology, McMaster University

# Aliya Khan, MD, FRCPC, FACP, FACE

Professor of Clinical Medicine, Department of Medicine, Division of Endocrinology and Geriatrics, McMaster University; Director, Calcium Disorders Clinic, St. Joseph's Healthcare

# Ruth McManus, MD, FRCPC, Cert Endo

Professor, Department of Medicine, Division of Endocrinology and Metabolism, Schulich School of Medicine & Dentistry, Western University

# Deric Morrison, MD, FRCPC, ECNU

Assistant Professor, Department of Medicine, Division of Endocrinology, Schulich School of Medicine & Dentistry, Western University

# Ally Prebtani, BScPhm, MD, ABIM, FRCPC

Associate Professor, Department of Medicine, Divisions of Internal Medicine and Endocrinology and Metabolism, McMaster University

# Zubin Puntakhee, MD, MSc, FRCPC

Associate Professor of Medicine and Pediatrics, Department of Medicine, Division of Endocrinology & Metabolism, McMaster University

# Tamara Spaic, MD, MSc, FRCPC, Cert Endo

Assistant Professor, Department of Medicine, Division of Endocrinology and Metabolism, Schulich School of Medicine & Dentistry, Western University

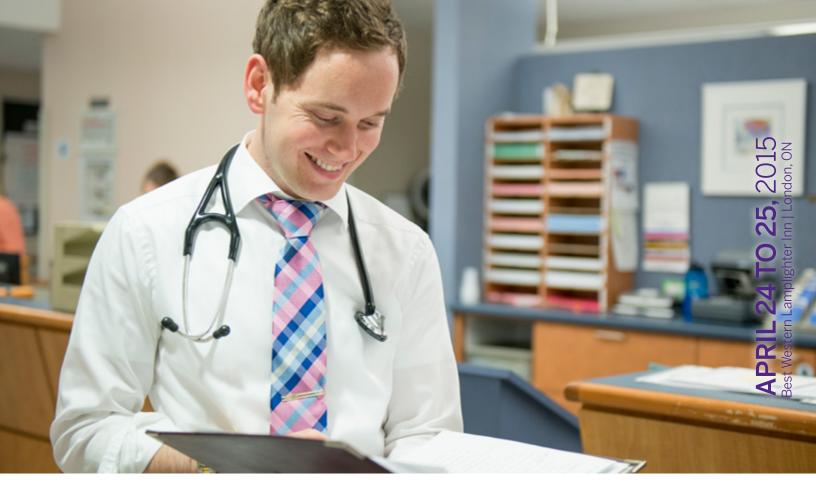
# Oren Steen, MD, FRCPC

Consultant Endocrinologist, LMC Diabetes & Endocrinology, Toronto

Marci Turner, MD, MSc, FRCPC Endocrinologist, The Scarborough Hospital, Toronto

# Stan Van Uum, MD, PhD

Associate Professor, Department of Medicine, Division of Endocrinology and Metabolism, Schulich School of Medicine & Dentistry, Western University



#### HOW TO REGISTER

Online: www.schulich.uwo.ca/cpd Telephone: 519.661.2111 ext. 81577

Receipts will be issued on the day of the course at the registration desk.

# CANCELLATION POLICY

Western University reserves the right to cancel this program due to insufficient registrations or circumstances beyond its control. Registrants will be notified at the earliest possible date in the event of a cancellation. Tuition fees for courses cancelled by Western will be refunded in full, however Western will not be liable for any loss, damages or other expenses that such cancellations may cause.

# **REFUND POLICY**

A notice of cancellation must be received in writing 10 business days prior to the program date. A minimum of \$20 up to a maximum of 20 per cent of the tuition fee, whichever is greater, will be charged for cancellations received on or before this date. Western regrets that refunds cannot be offered after the notice of cancellation deadline. Receipts are issued on the day of the course.

# ACCESSIBILITY

Western is committed to achieving barrier free accessibility for persons with disabilities studying, visiting and working at Western. Please let us know if you require information in a different format or if other arrangements can make this event accessible to you.

# ACCOMMODATIONS

For your accommodation requirements, please contact: Best Western Lamplighter Inn & Conference Centre at www.lamplighterinn.ca or 1.888.232.6747.



# **PRIVACY POLICY**

Western respects your privacy. The personal information collected on this form is collected under the authority of The University of Western Ontario Act, 1982, as amended, and is used for the following purposes:

- 1. Provide you with confirmation of registration for this program.
- 2. Provide follow-up information to you about this course, as necessary
- 3. Inform you of future educational opportunities
- 4. Maintain class lists and attendance records so that you can obtain study credits/certificate of attendance where applicable.

This information may be disclosed to professional bodies, as required. Please note that no information about you, including your e-mail address, will be disclosed to external third-party organizations without your consent. Your name and contact information can be removed from our database at any time by contacting Continuing Professional Development. Please direct questions about this collection, use or disclosure of personal information to the Manager, Continuing Professional Development by telephone 519.661.2111 ext. 82936. By submitting your information, you are giving consent to Western to use your information as stated above.

# **CONTINUING PROFESSIONAL DEVELOPMENT**

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